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25 Years of ICADD



The Silver Lining: The Best of the Best

25th Annual
Idaho Conference
on Alcohol and Drug Dependency
May 19-21, 2009
Boise State University

Register online! www.attendicadd.com

MISSION STATEMENT

To provide education and training for substance abuse and dependence professionals and educators in behavioral health care, criminal justice and recovery support.

CONTACT ICADD

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Web: www.attenticadd.com

REGISTER ONLINE AND RECEIVE A DISCOUNT!

A discount of \$10 will be given when you register online and pay with a credit card at www.attenticadd.com

REGISTRATION DETAILS

Once you register for ICADD, you will receive a confirmation letter with information on the following items:

- housing
- parking
- lunch
- purchasing conference materials

This information will also be posted on the ICADD website.

CONFERENCE LOCATION

Student Union Building, Boise State University, Boise, Idaho.

INFORMATION ABOUT BOISE

Boise is a blend of traditional and non-traditional attractions. The City of Trees boasts museums and urban parks, a river flowing through the heart of the city and a 25-mile river front greenbelt. Among the many sites to visit are the Basque Museum and Cultural Center, Morrison-Knudsen Nature Center, Idaho Anne Frank Human Rights Memorial, Idaho Black History Museum and the World Center for Birds of Prey. Southwest Idaho's accessible outdoors beckons the Boise visitor to enjoy mountains, desert sand dunes, canyons and white water rafting rivers.

Contact the Boise Convention and Visitors Bureau for more information at 800-635-5240/208-344-7777 or visit www.boise.org.

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2009 ICADD CONFERENCE SCHEDULE

(tentative as of February 15, 2009)

Tuesday, May 19

7:30am - 11:30am	Registration
8:30am - 8:45am	Welcome and Introductions
8:45am - 9:45am	Keynote: Cardwell Nuckols
9:45am - 10:00am	Break
10:00am - 12:00pm	Breakout Session 1
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 2
3:00pm - 3:15pm	Break
3:15pm - 4:45pm	Legislative Session
4:45pm - 7:00pm	Silver Lining Reception

In celebration of ICADD's 25th Anniversary, please join us at the Silver Lining Reception, sponsored by BPA.



Wednesday, May 20

7:15am - 8:15am	AA Meeting
7:30am - 3:30pm	Exhibits Open
7:30am - 11:30am	Registration
8:30am - 8:45am	Welcome and Introductions
8:45am - 9:45am	Keynote: Jerry Moe
9:45am - 10:00am	Break with Exhibitors
10:00am - 12:00pm	Breakout Session 3
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 4
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 5
5:45pm - 7:45pm	Special CEU Session

Thursday, May 21

7:15am - 8:15am	NA Meeting
7:30am - 3:30pm	Exhibits Open
8:30am - 8:45am	Welcome and Introductions,
8:45am - 9:45am	Keynote: David Mee-Lee
9:45am - 10:00am	Break with Exhibitors
10:00am - 12:00pm	Breakout Session 6
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 7
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 8

ADDITIONAL CONFERENCE INFORMATION

Extended speaker biographies and updated conference information can be found at www.attenticadd.com.

LEGISLATIVE SESSION

Here's your chance to have your opinion heard at the top. ICADD is sponsoring a meeting between substance abuse providers and some of the most influential policy makers in the state - Idaho lawmakers. ICADD is continuing to promote a dialog between providers and legislators in addressing issues facing the area of substance use disorders (SUD). This is an opportunity to discuss your concerns regarding the current system, trends you are seeing in your agency, hopes you have for the future of the field and to acknowledge their efforts in supporting SUD treatment for the people of Idaho. You'll be able to hear firsthand from the policy makers about the challenges they face as they set a course for the state on this important issue.

AA AND NA MEETING INFORMATION

Once again the conference is featuring open 12-step meetings on Wednesday and Thursday mornings to emphasize the importance of this widely available recovery support and to provide opportunities for conference attendees to experience this powerful fellowship.

AL-ANON MEETING INFORMATION

Wednesday evening will feature an open meeting. For over 50 years, Al-Anon has been offering hope and help to families and friends of alcoholics. It is estimated that each alcoholic affects the lives of at least four other people. No matter what relationship you have with an alcoholic, whether they are still drinking or not, all who have been affected by someone else's drinking can find solutions that lead to serenity in the Al-Anon fellowship.

INTRODUCTION FROM THE CONFERENCE CHAIR

The first Idaho Conference on Alcohol and Drug Dependency convened in June of 1985 at Boise State University. It was presented by the Governor's Commission on Alcohol Awareness and Training. There are several individuals actively involved in the field today who participated in that first conference. It was the dream of the founding committee members to establish a unique education, training and networking experience for Idaho's chemical addiction treatment professionals that would be held annually. The conference in 2009 marks the 25th year of realizing that dream. Please join us at the reception held on the first night of the conference to reflect over the years on this event and the value it contributes to all of us.

We meet at this 25th Anniversary Celebration in the midst of challenging times. It seems that we are surrounded by gray and stormy clouds; still we optimistically continue to seek the silver lining. The difficulties we may experience strengthen our resolve, providing us with the opportunity to help our neighbors and support family and friends. During these times we need to rely on our personal ethics and values, and draw upon our personal spiritual foundations of hope and inspiration. As we do this, those we serve will have a role model for hope.

Over the last year we have all reached out to share resources and maintain our standard of education of what has historically and nationally been recognized as 'the best of the best.' We extend our heart-felt "thank you" to all our speakers who recognized the budget constraints that we faced this year, and responded with generosity. Boise State University has won our special appreciation for hosting our conference all these years!

The ICADD Planning Committee and Foundation welcome you to this 25th anniversary celebration, and salute all that is best in you. May we continue to rely on one another-that is the best of the best.

Joan M. Sheehan, Chair
ICADD Planning Committee

ICADD 2009 BOARD MEMBERS

Mark Emerson	Sharon Harrigfeld
Bethany Gadzinski	Norma Jaeger
Georgia Girvan	Joan Sheehan
Dennis Hardziej	Pharis Stanger

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Patrick Costello	Sharon Harrigfeld	Karla Mitchell
Chris Daniel	Deborah Holmberg	Sherri Molina
Stacey Daniel	Amy Holly-Priest	Wendy Perez
Mark Emerson	Nancy Irvin	Ryan Porter
Bethany Gadzinski	Norma Jaeger	Joan Sheehan
Georgia Girvan	John Kirsch	Kathy Skippen
Dennis Hardziej	Claryce Manweiler	Pharis Stanger

IN APPRECIATION FOR CONFERENCE 2008 EXHIBITORS!

AACT - Idaho
 Al-Anon - District 3
 Alcoholics Anonymous
 Boise Rescue Mission
 Bow Creek Recovery Center
 Business Psychology Associates
 Center for Behavioral Health
 FEI.org, Inc.
 Hazelden Foundation
 Healing Room Ministries
 IBADCC
 Idaho Chapter of the National Association of Social Workers
 Idaho Department of Correction
 Idaho Department of Health & Welfare
 Idaho Department of Juvenile Corrections
 Idaho RADAR Network Center
 Idaho State University - Boise
 Institute for the Study of Addiction - BSU
 Intermountain Hospital
 Las Vegas Recovery Center
 Medtox Laboratories
 Narcotics Anonymous
 OraSure Technologies, Inc.
 Pine Grove Women's Center
 Three Springs, Inc. - Mountain Home
 Treasure Valley Christian News
 Unio Recovery Center
 Vineyard Church
 Walker Center

Tuesday, May 19, 8:45am-9:45am



Cardwell Nuckols, PhD
From Discovery to Recovery:
Neuroscience, Spirituality and
12-Step Facilitated Recovery

Prior to the onset of organizations such as the Oxford Group and Alcoholics Anonymous, most alcoholics died from their disease or its complications. Since 1935 over 200 research studies have provided evidence that millions have entered recovery utilizing spiritually-based 12-step programs. Utilizing science (quantum physics and neurobiology) as a bridge, this event is an advanced spiritual training featuring the working of the 12 steps of AA (or any such self-help program) as a tool for spiritual conversion. This process involves deflation of the human ego (the cause of all suffering) and the escalation of humility through surrender, forgiveness and love. While science improves our lives and reduces symptoms, the spiritual domain is the province of healing. Participants can expect an atmosphere of interpersonal camaraderie and an opportunity to develop advanced spiritual understandings (from Christian, Buddhist, Hindu, etc. perspectives) and spiritual tools to assist in the healing process.

Dr. Cardwell C. Nuckols has been described as one of the most influential clinical trainers in America. For over 30 years, he has gratefully served the health care industry in multiple capacities as a clinician, supervisor, program director and hospital administrator.

Dr. Nuckols has led numerous corporate start-up and reengineering projects including involvement in the development of four publicly traded companies. One of these corporations is helping to bring to market new medications to help those suffering from the devastation of AIDS. For his entrepreneurial efforts, Dunn and Bradstreet nominated Dr. Nuckols to receive special commendation.

Wednesday, May 20, 8:45am-9:45am



Jerry Moe, MA
Engaging Children and Families
in the Recovery Process:
Lessons Learned Through the
Years.

Alcoholism and other drug addiction are a family disease. Everyone in the family gets affected by it, including children. All too often addiction becomes a family legacy that can be passed on from generation to generation. This plenary explores a variety of ways to engage children and families in the recovery process. It outlines many important lessons we've learned throughout the years with a special focus on breaking through denial, experiential learning, and creating hope.

Jerry Moe, MA, is Vice President, National Director of Children's Programs at the Betty Ford Center in Rancho Mirage, California, Dallas/Ft. Worth, Texas, and Denver, Colorado. An Advisory Board Member of the National Association for Children of Alcoholics, he is internationally known as an author, lecturer, and trainer on issues for young children from addicted families.

Jerry received the 2005 America Honors Recovery Award from the Johnson Institute, the 2000 Ackerman/Black Award from NACoA for his outstanding work on behalf of children of alcoholics, and in 1993 he was awarded the Marty Mann Award for outstanding communication in the alcoholism and addiction field.

He is featured in the documentary *Lost Childhood: Growing Up in an Alcoholic Family*, currently showing on PBS stations across the United States. Jerry's books include: *Kids' Power: Healing Games for Children of Alcoholics*; *Conducting Support Groups for Elementary Children*; *Discovery... Finding the Buried Treasure*; *Kids' Power Too: Words to Grow By*; *The Children's Place... At the Heart of Recovery*, the Beamer Series for Kids, and *Understanding Addiction and Recovery Through a Child's Eyes*.

Thursday, May 21, 8:45am-9:45am



David Mee-Lee, MD
Cultural Awareness

Recovery in Co-occurring Disorders: What do you really mean, and walking the talk about recovery.

David Mee-Lee, M.D. is a board-certified psychiatrist, and is certified by examination of the American Society of Addiction Medicine (ASAM).

Past academic appointments have included clinical affiliations in the Departments of Psychiatry at Harvard University, the University of Hawaii and the University of California, Davis.

Based in Davis, California, Dr. Mee-Lee is involved in training and consultation full-time. For over twenty-five years, he has focused on developing and promoting innovative behavioral health treatment that values clinical integrity, high quality, and cost-consciousness. In addition, he has over twenty-five years experience with dual diagnosis (co-occurring addiction and mental illness) treatment and program development.

Dr. Mee-Lee's clients involve both provider and practitioner groups, as well as managed care organizations. He was a consultant in the first major managed care Medicaid project for substance abuse in Massachusetts, as well as public sector managed substance abuse care in Iowa.

Keynote Speakers present each morning of the conference. For more information on speakers and topics, see page 3.

Breakout Sessions are workshop sessions, standing alone or in a series, that lend themselves to a wide variety of topics, both germane and ancillary to substance abuse treatment. The breakout sessions offer participants the opportunity to enhance their knowledge, skills, and attitudes via presentations related to a variety of available resources, refreshing approaches to previously learned and practiced methods, and at times cutting edge or controversial approaches.

Tuesday Schedule of Events

(Keynote: 8:45am-9:45am)

Breakout Session 1
10am-12pm

Class 1: Treating the Angry and Aggressive Client

Cardwell Nuckols, PhD

Anger and aggression are often described as symptoms attached to any one of a number of psychiatric disorders, a problem involving self-esteem or a learned coping strategy. However, for many anger and aggression are used as a survival strategy learned between the ages of 8-16. Often in response to early-life neglect and other forms of trauma, anger and aggression have consistently worked to keep people away and preserve personal control. This skills training event will describe the latest scientific understanding of anger and aggression placing emphasis on verbal management, behavioral and pharmacological stabilization along with the demonstration of empirically proven clinical strategies.

Class 2: Editing the GAIN GRRS for Clinical Interpretation and Treatment Planning - Part A

Kipp Dana, MA, LCPC

Rusty O'Leary, LCPC

Training is intended for those who are certified as GAIN Administrators or Local Trainers. Participants will develop a basic understanding of how clinical experience and judgement are utilized to enhance the accuracy and value of the GAIN-I. Information will be presented to explain how a client's responses to the GAIN-I questions are used to create the information summary, the diagnosis and recommendations of the GRRS. Participants will be encouraged to use their clinical skills while editing the GRRS.

Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A

Dr. Susan Esp, LCPC

A workshop for Counselors, Nurses, CADCs and other helping professionals. This workshop will fulfill the ethics CEU requirements for licensure in the State of Idaho. This workshop is experiential-based with a focus on counselor wellness, ethical decision-making and how the two interact. Research has shown that counseling can be a stressful profession. The purpose of this workshop is to examine the concept of counselor wellness, signs of counselor impairment and the stressful effects of ethical decision making. Participants will briefly review the role of ethics in the counseling profession and then move on to identify their own wellness plan and ways of coping with ethical dilemmas in their practice, including proven ethical decision making models.

Class 4: Problem-Solving Supervision: Specialty Probation for Individuals with Mental Illness

Jennifer Skeem, PhD

Compared to the general population, the prevalence of serious mental illness is four to eight times higher in criminal justice populations. Probation is by far the most common form of correctional supervision. Compared to their relatively healthy counterparts, probationers with mental illness are twice as likely to fail community supervision. Dr. Skeem will present research on strategies that work for effectively supervising these probationers in the community. Setting aside widespread assumptions will help improve outcomes for this at-risk group.

Class 5: Adventures in Multicultural Counseling: A Serious (and not so serious) Demonstration of Cross-Cultural Counseling Scenarios - Part A

Dr. Mike Cutler,

The multicultural Counseling Competencies provide guidelines for counselors to gain awareness, knowledge and skills to work effectively across cultural differences. Of course, this doesn't always happen. The student group presents a set of scenarios with accompanying discussion of some of the uncomfortable and humorous issues that can arise.

Breakout Session 2
1:30pm-3pm

Class 1: Treating Early Life Developmental Trauma

Cardwell Nuckols, PhD

Take a look at the population you treat. No matter whether it is a criminal justice, alcohol and drug or psychiatric population, the recidivists will have a high incidence of early life trauma. Research is teaching us more and more about this population. However, research is only useful when it can be translated into clinically useful techniques. This skills training event will focus on the treatment of early life developmental trauma. Emphasis will be placed on the understanding of current research from such disciplines as neuroscience, neuropsychology and attachment theory. Participants can expect to hear what the research tells us about this population and how this evidence can be used to help. Practical treatment techniques translated from the research will give participants hands-on skills that can be used to better client understanding and clinical outcomes.

Class 2: Editing the GAIN GRRS for Clinical Interpretation and Treatment Planning - Part B

Kipp Dana, MA, LCPC
Rusty O'Leary, LCPC

Participants will develop an advanced understanding of how to use the GAIN scale scores, the ICP, and the GAIN placement grid to efficiently utilize the edited GRRS and integrate it into treatment planning. They will have a better understanding of how the GAIN is related to DSM and ASAM.

Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part B

Dr. Susan Esp, LCPC
(See description under Breakout Session 1, Class 3.)

Class 4: The Recovery Model as an Organizing Principle for Integrating Mental Health and Substance Use Disorders Services

Jean Woodward, MH
Persons with co-occurring mental health and substance use disorders experience persistent and recurrent difficulties which can interfere with every aspect of their lives. In addition, these persons have a high incidence of medical co-morbidity, and their clinical course is associated with higher costs and poorer outcomes. In almost all mental health and addiction service settings, people with co-occurring disorders appear with sufficient frequency that their presence must be anticipated in every clinical encounter, regardless of level of care or location of service. In many settings, particularly those serving people with serious and persistent mental illness, the majority of people seeing care have co-occurring substance use disorders. Nonetheless, these persons are often poorly served in the current service system, in which treatment for co-occurring mental health and substance use disorders is commonly provided in separate settings, with lack of integration and continuity.

"Treatment in parallel and separate mental health and substance abuse treatment systems... is remarkably ineffective." The purpose of this session is to present the Recovery Model as an Organizing Principle for Integrating Mental Health and Addiction Services. This is an interactive and participatory session. Multiple learning methods will be used to enhance the learning experience.

Class 5: Adventures in Multicultural Counseling: A Serious (an not so serious) Demonstration of Cross-Cultural Counseling Scenarios - Part B

Dr. Mike Cutler,
(See description under Breakout Session 1, Class 6.)

Class 6: Reason for Hope: Research on Treating Those with Psychopathy

Jennifer Skeem, PhD
Individuals with psychopathy typically are viewed as "untreatable." In this workshop, we examine this assumption and find that it is supported by little or no compelling data. Recent research indicates that individuals with psychopathy are not "hopeless" cases who are inalterably dangerous; instead, they are best viewed as high risk cases in need of intensive treatment. Treatment principles that may maximally reduce violence and recidivism are reviewed.

**Legislative Session
3:15pm-4:45pm**

Jennifer Skeem, PhD
The leadoff presentation will focus on the challenges and opportunities of effectively addressing the needs of those offenders, in our systems, who come with co-occurring mental and substance use disorders. The presentation will address key questions: Why should we care? What can we do? Can it make a difference?

**Silver Lining Reception
4:45pm-7pm
(sponsored by BPA)**



Please join the ICADD Foundation Board and Planning Committee, past and present, to celebrate ICADD's 25th anniversary. Share food, stories, memories, associations and friendships with the many persons who have been involved and connected with ICADD since the first conference in 1985. Take time to honor and recognize the outstanding individuals and programs with the Regional Advisory Committee (RAC) Awards, Office of Drug Policy Outstanding Program Award and the ICADD Foundation Lifetime Achievement Award.

The ICADD Foundation Board is grateful to BPA for their generous sponsorship of this event.

**Wednesday Breakout Sessions
(Keynote: 8:45am-9:45am)**

**Breakout Session 3
10am-12pm**

**Class 1: Case Management - Part A
(Limited to 50)**

Jean Woodward, MHS, CHES
Case management is foundational to the effective coordination of services among and between the various complicated systems with which substance use disorder/mental health clients must interact. The purpose of this skills course is to present the essential competencies that are required of all case managers. This interactive and participatory course will use case studies to enhance the learning experience and provide practice in case management competencies.

Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part A

Jerry Moe, MA
This workshop introduces participants to a variety of strategies and techniques to assist children and families in the healing process. Part A focuses on the rules for group effectiveness in teaching young children about addiction and recovery. Part B and C demonstrate games and activities which effectively engage children and families in their own recovery. Come fill your "tool-box" with stuff that really works.

Class 3: CSC-Idaho Model Advanced Skill Building

Michael Young, LSW
Robert Barnett, CADC
The purpose of this workshop is to increase competency in facilitating each level of Stage 1 Idaho Model CSC. This workshop is for current facilitators of CSC who have completed CSC-Idaho Model training and have facilitated groups for a minimum of 2-5 months. Skill building will focus on Stage 1 level completion criteria, identifying risk thinking, reviewing completed assignments such as thinking reports, scope and consequences, new thinking to reduce risk, and self-risk management plans. Discussion will focus on related topics initiated by participants. Registration is limited to 15 participants. Pre Requisite: Completion of CSC Idaho Model Training and group facilitation for a minimum of 2-5 months.

Class 4: DUI Evaluator Forum

Pharis Stanger

This will be a forum to discuss the DUI Evaluator system in Idaho, including the transition to requirements for using the GAIN and other planned system changes.

Class 5: Treatment Needs and Services for Child Protection Involved Clients

Bob Hayes

Sherri Molina, MPA, LSW, CADC

This session will explore the multiple issues involved in providing SUD Treatment Services to clients involved in the Child Protection System. The session will include an opportunity to discuss service coordination; provide information on programs that are increasing levels of treatment success across the state; and allow an opportunity to ask questions/ receive feedback regarding particular issues in your region.

Class 6: Clinical Supervision I - Part A

(Limited to 30)

John Porter, MS

This training will assist both the new and experienced clinical supervisor in developing a format to assist counselors in their work. This model includes a format for developing communication skills, preparing the Professional Development Plan to improve counselor skills and an agenda for the supervisory interview.

Breakout Session 4
1:30pm-3pm

Class 1: Case Management - Part B

Jean Woodward, MHS, CHES

(See description under Breakout Session 3, Class 1.)

Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part B

Jerry Moe, MA

(See description under Breakout Session 3, Class 2.)

Class 3: WITS/GAIN Interface Training - Part A

(Limited to 25)

Bill Harms

This will be a hands-on, interactive presentation involving negotiating the WITS Module and the WITS GAIN Interface. It will focus on new user's and can also be a review for folks who feel uncomfortable with navigating Web Applications.

Class 4: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A (Repeat)

Dr. Susan Esp, LCPC

(See description under Breakout Session 1, Class 3.)

Class 5: Incorporating Evidence-Based Practices in Community Clinics: Why and How

Ron Jackson, MS

Addiction treatment agencies are being challenged to incorporate evidenced-based practices (EBPs) into their array of services. Agency administrators often aren't sure where to turn for information about EBPs, including which of those will be pertinent to their treatment population and modality. This presentation will review the reasons for EBP adoption, ways of assessing their applicability to the treatment setting, issues agency administrators face in adopting EBPs and resources for help in the adoption process.

Class 6: Clinical Supervision I - Part B

John Porter, MS

(See description under Breakout Session 3, Class 6.)

Breakout Session 5
3:15pm-4:45pm

Class 1: Case Management - Part C

Jean Woodward, MHS, CHES

(See description under Breakout Session 3, Class 1.)

Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part C

Jerry Moe, MA

(See description under Breakout Session 3, Class 2.)

Class 3: WITS/GAIN Interface Training - Part B

Bill Harms

(See description under Breakout Session 4, Class 3.)

Class 4: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part B (Repeat)

Dr. Susan Esp, LCPC

(See description under Breakout Session 1, Class 3.)

Class 5: Using Your Program's Data to Improve Program Outcomes

Ron Jackson, MS

This workshop will identify strategies and approaches for substance abuse treatment agencies to inventory and assess their available program data and develop efficient and effective ways to

use that data to improve client outcomes and achieve program cost efficiencies. Real world applications from a successful treatment agency will be discussed which will also describe approaches that can be used to prepare and support agency staff in carrying out resulting organizational and programmatic improvement efforts.

Class 6: Clinical Supervision I - Part C

John Porter, MS

(See description under Breakout Session 3, Class 6.)

Special CEU Offer
5:45pm-7:45pm

For those attendees in need of additional CEU hours, bringing total conference CEU time up to 20 hours, please attend the following special session.

Special CEU Session: Elements of effective intervention for the [adult and juvenile] substance abusing/dependent offender

Norma Jaeger

Deborah K. Holmberg

A solid and growing body of research points the way to effectiveness in treating the substance abusing or dependent offender, whether a juvenile or an adult. This relaxed and interactive workshop will identify the key points of criminal justice research, describe proven interventions that reduce recidivism, and demonstrate how to integrate with evidence-based treatment practices.

Thursday Breakout Sessions (Keynote: 8:45am-9:45am)

Breakout Session 6
10am-12pm

Class 1: Adolescents and Co-occurring Mental and Substance Use Disorders: Building Bridges in Assessment and Treatment

David Mee-Lee, MD

This workshop is designed to examine dilemmas in assessment and treatment for adolescents and identify strategies that can help build bridges between mental health and addiction treatment systems. The workshop will focus on how to better meet the needs of those using substances and exhibiting mental health problems. It will offer the common language of the Revised Second Edition of the ASAM Criteria, ASAM PPC-2R, which includes criteria for co-occurring mental and substance-related disorders to encourage more targeted service planning and documentation.

Class 2: Case Management - Part D

Jean Woodward, MHS, CHES
(See description under Breakout Session 3, Class 1.)

Class 3: Introduction to Feldenkrais Movement

(Limited to 30)
Judy Grucella

The body reflects the attitudes of the mind. Improve the function of the body and you must improve the state of the mind. The Feldenkrais Method® is a somatic process designed to recapture the childhood experience of learning to control and organize movement. Through a fascinating array of verbally directed movement exercises, the method expands bodily awareness and encourages the replacement of old movement habits with new possibilities for more efficient and comfortable movement. The method is experiential, the person's own body being the primary vehicle for learning and development.

Class 4: Clinical Supervision I - Part D

John Porter, MS
(See description under Breakout Session 3, Class 6.)

Class 5: Adolescent Treatment Using CBT - Part A

Henry Schmidt, PhD
The majority of treatments designated as "empirically supported treatments" (APA, Division 12) are cognitive-behavioral therapies (CBT) or behavioral treatments. This series will begin by defining those terms, and then review established and validated methods for addressing a variety of behavioral targets. A comprehensive approach to engaging, assessing and treating clients will be presented, with a focus on the core clinical concepts and skills utilized across cognitive-behavioral interventions. Part A will discuss client engagement, strengthening commitment, diary cards and homework, and contingency management.

Breakout Session 7
1:30pm-3pm

Class 1: Understanding and Using the Co-occurring Disorders Criteria of the Revised Second Edition ASAM Patient Placement Criteria (ASAM PPC-2R) - Part A

David Mee-Lee, MD
Clinicians involved in planning and managing care often lack common language and guidelines that allow for effective, individualized treatment for those with co-occurring psychiatric and

substance use problems. The Revised Second Edition of the ASAM Patient Placement Criteria (ASAM PPC-2R), includes such criteria and common language. This workshop is designed to explain the dual diagnosis criteria and service guidelines of the ASAM PPC-2R. It will help participants use the dual diagnosis criteria and also understand the experimental matrix that assists in matching services to the client's needs. Using the structure of the dual diagnosis service descriptions, participants will explore ways to improve and expand services to better meet the needs of people with co-occurring mental and substance-related disorders.

Class 2: Case Management - Part E

Jean Woodward, MHS, CHES
(See description under Breakout Session 3, Class 1.)

Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A (Repeat)

Dr. Susan Esp, LCPC
(See description under Breakout Session 1, Class 3.)

Class 4: Clinical Supervision I - Part E

John Porter, MS
(See description under Breakout Session 3, Class 6.)

Class 5: Adolescent Treatment Using CBT - Part B

Henry Schmidt, PhD
(See description under Breakout Session 6, Class 6)

Class 6: Working with Learning Disabled Clients - Part A

Gail Cushman
This workshop will help you identify learning disabilities in clients (whether incarcerated or not) and offer helpful hints on how to deal with them. By the end of the workshop you will be able to identify a variety of learning disabilities and have gained some tools to help clients cope with them.

Breakout Session 8
3:15pm-4:45pm

Class 1: Understanding and Using the Co-occurring Disorders Criteria of the Revised Second Edition ASAM Patient Placement Criteria (ASAM PPC-2R) - Part B

David Mee-Lee, MD
(See description under Breakout Session 7, Class 1.)

Class 2: Case Management - Part F

Jean Woodward, MHS, CHES
(See description under Breakout Session 3, Class 1.)

Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part B (Repeat)

Dr. Susan Esp, LCPC
(See description under Breakout Session 1, Class 3.)

Class 4: Clinical Supervision I - Part F

John Porter, MS
(See description under Breakout Session 3, Class 6.)

Class 5: Adolescent Treatment Using CBT - Part C

Henry Schmidt
(See description under Breakout Session 6, Class 6)

Class 6: Working with Learning Disabled Clients - Part B

Gail Cushman
(See description under Breakout Session 7, Class 5)

**ICADD
PO Box 1311
Meridian ID 83680**

Register online at www.attendicadd.com

25 YEARS OF ICADD - THE SILVER LINING: THE BEST OF THE BEST

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Idaho Department of Correction
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Idaho Department of Juvenile Corrections
Intermountain Hospital of Boise
Pine Grove Women's Center
Three Springs Inc. - Mountain Home
Walker Center



THANK YOU 2009 ICADD SUPPORTERS!

Boise State University College of Health Sciences
Business Psychology Associates
Idaho Department of Correction
Idaho Department of Health & Welfare
Idaho Department of Juvenile Corrections
Intermountain Hospital
State of Idaho Correctional Industries

Idaho Conference on Alcohol and Drug Dependency 2009 Registration Form

Register online at www.attendicadd.com and receive a \$10 discount on registration fees!

Call 208-466-2519 or email info@attendicadd.com with questions.

Complete form and mail or fax to ICADD, PO Box 1311, Meridian ID 83680, Fax: 208-466-7693.

First Name _____ Last Name _____

(Please print clearly)

Agency _____

Mailing Address _____

City _____ State _____ Zip Code _____

Work Phone _____ Fax _____ Email _____

CONTINUING EDUCATION CREDITS:

- A maximum of 20 hours will be available, two hours of which will be conducted on Wednesday night from 5:45 to 7:45pm during a special CEU session.
- Contact hours verification of attendance forms will be stamped at the end of each session.

CONFERENCE REGISTRATION INCLUDES:

- 3 days of workshops
- Conference handout materials
- Contact hours verification of attendance form
- Access to Lincoln Garage parking (Free parking in designated areas on campus.)
- Tuesday evening: Silver Lining Reception

REGISTRATION FEES:

(Please select one option)

	<u>By April 6, 2009</u>	<u>April 7-27, 2009</u>	<u>Onsite walk-up registration</u>
Three-Day Rate	\$250/person _____	\$335/person _____	\$360/person _____
Daily Rate	\$140/person _____	\$190/person _____	\$215/person _____
Three-Day Full-time Student Rate	\$155/person _____	\$190/person _____	\$215/person _____

(No daily rate available for students.)

DAYS ATTENDING ICADD:

- Tuesday
 Wednesday
 Thursday

LUNCH AT BOISE RIVER CAFÉ:

I intend to purchase a lunch ticket to have lunch at the **NEW** Boise River Café on the first floor of the Student Union Building. (Tickets will be purchased on site.)

- Tuesday
 Wednesday
 Thursday

PRE-REGISTRATION DEADLINE:

No Registrations will be accepted after April 27, 2009. Payments via US Mail: Registration fees will be based on post mark date.

SUBSTITUTION POLICY AND DEADLINES:

All substitutions must be submitted in writing. Substitutions received prior to April 27, 2009 are allowed without penalty. Substitutions received on or after April 28, 2009 will be charged a \$50 processing fee.

CANCELLATION POLICY AND DEADLINES:

All cancellations must be submitted in writing. A \$50 processing fee will be withheld from all refunds prior to April 28, 2009. There will be no refunds on or after April 28, 2009.

PAYMENT INFORMATION:

Payment must accompany registration. Registration fees sent by mail must be post marked by April 27, 2009 and must include full payment. Please indicate amount and payment method.

Total Amount Due \$ _____

Check or Money Order (made payable to: ICADD Foundation)

Credit Card

Type of Card _____ Visa _____ MasterCard _____ Discover _____

Card Number _____ Expiration Date _____

Name on Card _____ Signature _____

V-Code (3 digit number on back of card) _____ Total Amount Due \$ _____

Card Billing Address _____

(Must be accurate or registration will be declined.)

See full schedule and select Breakout Sessions on other side of this form.
Fax only credit payments to 208-466-7693. Please fax both sides of form.)

ICADD 2009 Breakout Sessions

Please check the box next to each class you plan to attend.

Tuesday, May 19 Keynote 8:45am-9:45am

Session 1, 10am-12pm

- Class 1: Treating the Angry and Aggressive Client
- Class 2: Editing the GAIN GRRS for Clinical Interpretation and Treatment Planning - Part A
- Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A
- Class 4: Problem-Solving Supervision: Specialty Probation for Individuals with Mental Illness
- Class 5: Adventures in Multicultural Counseling: A Serious (and not so serious) Demonstration of Cross-Cultural Counseling Scenarios - Part A

Session 2, 1:30pm-3pm

- Class 1: Treating Early Life Developmental Trauma
- Class 2: Editing the GAIN GRRS for Clinical Interpretation and Treatment Planning - Part B
- Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part B
- Class 4: The Recovery Model as an Organizing Principle for Integrating Mental Health and Substance Use Disorders Services
- Class 5: Adventures in Multicultural Counseling: A Serious (and not so serious) Demonstration of Cross-Cultural Counseling Scenarios - Part B
- Class 6: Reason for Hope: Recent Research on Treating Those with Psychopathy

Wednesday, May 20 Keynote 8:45am-9:45am

Session 3, 10am-12pm

- Class 1: Case Management - Part A (*Limited to 50*)
- Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part A
- Class 3: CSC-Idaho Model Advanced Skill Building
- Class 4: DUI Evaluator Forum
- Class 5: Treatment Needs and Services for Child Protection Involved Clients
- Class 6: Clinical Supervision I - Part A (*Limited to 30*)

Session 4, 1:30pm-3pm

- Class 1: Case Management - Part B (*Limited to 50*)
- Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part B
- Class 3: WITS/GAIN Interface Training - Part A (*Limited to 25*)
- Class 4: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A (Repeat)
- Class 5: Incorporating Evidence-Based Practices in Community Clinics: Why and How
- Class 6: Clinical Supervision I - Part B (*Limited to 30*)

Session 5, 3:15pm-4:45pm

- Class 1: Case Management - Part C (*Limited to 50*)
- Class 2: Tools for the Journey: Healing Strategies for Children and Families - Part C
- Class 3: WITS/GAIN Interface Training - Part B (*Limited to 25*)
- Class 4: Ethical Decision Making and Counselor Wellness - Part B (Repeat)
- Class 5: Using Your Program's Data to Improve Program Outcomes
- Class 6: Clinical Supervision I - Part C (*Limited to 30*)

Special CEU Offer

5:45pm-7:45pm

- A solid and growing body of research points the way to effectiveness in treating the substance abusing or dependent offender, whether a juvenile or an adult. This relaxed and interactive workshop will identify the key points of criminal justice research, describe proven interventions that reduce recidivism, and demonstrate how to integrate with evidence-based treatment practices.

Thursday, May 21 Keynote 8:45am-9:45am

Session 6, 10am-12pm

- Class 1: Adolescents and Co-occurring Mental and Substance Use Disorders: Building Bridges in Assessment and Treatment
- Class 2: Case Management - Part D (*Limited to 50*)
- Class 3: Introduction to Feldenkrais Movement (*Limited to 30*)
- Class 4: Clinical Supervision I - Part D
- Class 5: Adolescent Treatment Using CBT - Part A

Session 7, 1:30pm-3pm

- Class 1: Understanding and Using the Co-occurring Disorders Criteria of the Revised Second Edition ASAM Patient Placement Criteria (ASAM PPC-2R) - Part A
- Class 2: Case Management - Part E (*Limited to 50*)
- Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part A (Repeat)
- Class 4: Clinical Supervision I - Part E (*Limited to 30*)
- Class 5: Adolescent Treatment Using CBT - Part B
- Class 6: Working with Learning Disabled Clients - Part A

Session 8, 3:15pm-4:45pm

- Class 1: Understanding and Using the Co-occurring Disorders Criteria of the Revised Second Edition ASAM Patient Placement Criteria (ASAM PPC-2R) - Part B
- Class 2: Case Management - Part F (*Limited to 50*)
- Class 3: Ethical Decision Making and Counselor Wellness - A Balancing Act - Part B (Repeat)
- Class 4: Clinical Supervision I - Part F (*Limited to 30*)
- Class 5: Adolescent Treatment Using CBT - Part C
- Class 6: Working with Learning Disabled Clients - Part B