

26 Years of ICADD

Pre-conference Workshops May 17, 2010
General Conference May 18-20, 2010
Boise State University

Now...
More Than
Ever



Register online! www.attendicadd.com

MISSION STATEMENT

To provide education and training for substance abuse and dependence professionals and educators in behavioral health care, criminal justice and recovery support.

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REGISTER ONLINE AND RECEIVE A DISCOUNT!

A discount (for General Conference ONLY) of \$10 will be given when you register online and pay with a credit card at www.attenticadd.com

REGISTRATION DETAILS

Once you register for ICADD, you will receive a confirmation letter with information on the following items:

- housing
- parking
- purchasing conference materials

This information will also be posted on the ICADD website.

CONFERENCE LOCATION

Student Union Building, Boise State University, Boise, Idaho.

INFORMATION ABOUT BOISE

Boise is a blend of traditional and non-traditional attractions. The City of Trees boasts museums and urban parks, a river flowing through the heart of the city and a 25-mile river front greenbelt. Among the many sites to visit are the Basque Museum and Cultural Center, Morrison-Knudsen Nature Center, Idaho Anne Frank Human Rights Memorial, Idaho Black History Museum and the World Center for Birds of Prey. Southwest Idaho's accessible outdoors beckons the Boise visitor to enjoy mountains, desert sand dunes, canyons and white water rafting rivers.

Contact the Boise Convention and Visitors Bureau for more information at 800-635-5240/208-344-7777 or visit www.boise.org.

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2010 ICADD PRE-CONFERENCE SCHEDULE

Monday, May 17

7:30am - 2:00pm	Registration
8:45am - 10:15am	Workshop Session 1
10:15am - 10:30am	Break
10:30am - 12:00pm	Workshop Session 2
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Workshop Session 3
3:00pm - 3:15pm	Break
3:15pm - 4:45pm	Workshop Session 4

2010 ICADD CONFERENCE SCHEDULE

Tuesday, May 18

7:30am - 3:30pm	Exhibits Open
7:30am - 11:30am	Registration
8:30am - 8:45am	Welcome and Introductions
8:45am - 9:45am	Keynote: Jerry Fest
9:45am - 10:00am	Break with Exhibitors
10:00am - 12:00pm	Breakout Session 1
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 2
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 3

Wednesday, May 19

7:30am - 8:30am	AA Meeting
7:30am - 3:30pm	Exhibits Open
8:30am - 8:45am	Welcome and Introductions,
8:45am - 9:45am	Keynote: Jerry Moe
9:45am - 10:00am	Break with Exhibitors
10:00am - 12:00pm	Breakout Session 4
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 5
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 6

Thursday, May 20

7:30am - 8:30am	NA Meeting
7:30am - 3:30pm	Exhibits Open
8:30am - 8:45am	Welcome and Introductions,
8:45am - 9:45am	Keynote: Gabor Mate
9:45am - 10:00am	Break with Exhibitors
10:00am - 12:00pm	Breakout Session 7
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 8
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 9

ADDITIONAL CONFERENCE INFORMATION

Extended speaker biographies and updated conference information can be found at www.attenticadd.com.

AA AND NA MEETING INFORMATION

Once again the conference is featuring open 12-step meetings on Wednesday and Thursday mornings to emphasize the importance of this widely available recovery support and to provide opportunities for conference attendees to experience this powerful fellowship.

INTRODUCTION FROM THE CONFERENCE CHAIR

I would like to personally welcome everyone from around our wonderful state of Idaho and our traveling guests to the Idaho Conference on Alcohol and Drug Dependence. This year we have chosen the theme...Now More Than Ever. We feel that now is the time to truly come together and work hard at addressing the challenges in addiction. It is time to work collaboratively on finding insight and solution to the tough issues we are facing.

We are extremely excited to have you join us in celebrating recovery and supporting this continued education opportunity. I can only hope that each of you will challenge yourself with learning and reflection in pursuit of strengthening our field.

This year's conference will host a tremendously talented group of presenters and speakers. Given the difficult economic times, we are grateful to have individuals with amazing experiences and insightful perspectives to share at our conference. We hope you enjoy all the interaction and fellowship.

In this last year, I have been afforded the luxury of working with a truly remarkable group of professionals otherwise known as the ICADD Planning Committee and Foundation Board. These individuals volunteer their time and effort to put on a great meeting of the minds. As you interact with committee members throughout the conference please feel free to thank them and share your feedback.

This year's conference, much like years past, will surely bring opportunities and challenges. So roll up your sleeves, put on your thinking cap and take advantage of all the offerings here at ICADD...now more than ever. I look forward to sharing this experience with you. Enjoy!

Ryan H. Porter
Conference Chair

ICADD 2010 BOARD MEMBERS

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Georgia Girvan
Dennis Hardziej
Deborah Holmberg

Norma Jaeger
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Nancy Irvin
Norma Jaeger
Cheryl Johnson
Claryce Manweiler
Sherri Molina
Jeff Morrell
Wendy Perez
Ryan Porter
Kathy Skippen

IN APPRECIATION FOR CONFERENCE 2009 EXHIBITORS!

Al-Anon - District 3
Alcoholics Anonymous
Business Psychology Associates
Celebrate Recovery, Vineyard Boise
Corrections Corporation of America -
Idaho Correctional Center
Crystal Meth Anonymous
Dealing with the 2000's - Family Guide - My PAD
Hazelden Foundation
Healing Room Ministries
IBADCC
Idaho Department of Juvenile Corrections
Idaho Meth Project
Idaho RADAR Network Center
Institute for the Study of Addiction
Intermountain Hospital of Boise
Las Vegas Recovery Center
NAADAC
Narcotics Anonymous
OraSure Technologies, Inc.
Quit and Live, Inc
Redmont Health
Residence XII
Unio Recovery Center
Walker Center
Wienhoff Drug Testing

Tuesday, May 18, 8:45am-9:45am

Wednesday, May 19, 8:45am-9:45am

Thursday, May 20, 8:45am-9:45am



Jerry Fest

Protective Factors and the At-Risk Youth: What's Wrong with Kids These Days, and How to Make it Right

You've heard the question; perhaps you've even asked it. Faced with behaviors ranging from the exasperating to the frightening to the self-damaging, it's common to wonder what young people are thinking sometimes. And as long as you're wondering, it's nearly impossible to know how best to respond. This keynote explores the "why" of at-risk behavior in adolescents, and reveals what adults can do to help.

Jerry Fest, author of *Street Culture: An Epistemology of Street-Dependent Youth*, has advocated for youth since 1970. He founded Janus Youth Program's Willamette Bridge, a continuum of services for street-dependent youth. He also created the 'self-government' model for residential services, one of the earliest program models based on the principles of Youth Development.

Working nation-wide from his home in Portland, Oregon, Mr. Fest trains and consults with programs including outreach, residential, and runaway services. Certified in the Advancing Youth Development curriculum, Mr. Fest served as lead trainer for the Portland BEST Initiative (Building Exemplary Systems of Training, a national Youth Development training project) and developed a unique one-day presentation of the Youth Development approach; *Youth Development: A Winning Hand*.

Mr. Fest has served as a federal peer monitor/trainer and as an expert witness for cases involving street-dependent/homeless youth. His clients include a diverse community of government and private non-profit organizations.



Jerry Moe, MA

Engaging Children and Families in the Recovery Process: Lessons Learned Through the Years

Alcoholism and other drug addiction are a family disease. Everyone in the family gets affected by it, including children. All too often addiction becomes a family legacy that can be passed on from generation to generation. This plenary explores a variety of ways to engage children and families in the recovery process. It outlines many important lessons we've learned throughout the years with a special focus on breaking through denial, experiential learning, and creating hope.

Jerry Moe, MA, is Vice President, National Director of Children's Programs at the Betty Ford Center in Rancho Mirage, California, Dallas/Ft. Worth, Texas, and Denver, Colorado. An Advisory Board Member of the National Association for Children of Alcoholics, he is internationally known as an author, lecturer, and trainer on issues for young children from addicted families. Jerry received the 2005 America Honors Recovery Award from the Johnson Institute, the 2000 Ackerman/Black Award from NACoA for his outstanding work on behalf of children of alcoholics, and in 1993 he was awarded the Marty Mann Award for outstanding communication in the alcoholism and addiction field.

He is featured in the documentary *Lost Childhood: Growing Up in an Alcoholic Family*, currently showing on PBS stations across the United States. Jerry's books include: *Kids' Power: Healing Games for Children of Alcoholics*; *Conducting Support Groups for Elementary Children*; *Discovery... Finding the Buried Treasure*; *Kids' Power Too: Words to Grow By*; *The Children's Place... At the Heart of Recovery*, the *Beamer Series for Kids*, and *Understanding Addiction and Recovery Through a Child's Eyes*.



Gabor Maté, MD

The Hungry Ghost

The source of addictions is to be found in the early childhood environment where the neurobiology of the brain's reward pathways develops. Addiction is a response to a distressing life history and life situation. Once we recognize the roots of addiction and the lack it strives (in vain) to fill, we can develop a compassionate approach toward the addict, one that stands the best chance of restoring him or her to wholeness and health.

Gabor Maté M.D. is a physician, author, seminar leader and public speaker. He is a former medical columnist for *The Vancouver Sun* and *The Globe and Mail*. His four books are all Canadian bestsellers and his work has been translated into over sixteen languages on five continents. The most recently published, *In the Realm of Hungry Ghosts: Close Encounters with Addiction* has been a #1 national bestseller and has been awarded the Hubert Evans prize for literary non-fiction. It is published in the U.S. in January, 2010.

For twenty years Dr. Maté had a family practice and for seven years was Medical Coordinator of the Palliative Care Unit at Vancouver Hospital. For the past eleven years he has worked in Vancouver's Downtown Eastside with patients challenged by hard core drug addiction, mental illness and HIV. He has lectured at universities and colleges in the U.S. and Canada and has addressed many groups of physicians, health care providers, educators, law professionals, psychologists, therapists, parents, and other members of the lay public.

In 2009 Dr. Maté was honoured with an Outstanding Alumnus Award from Simon Fraser University. His next book, to be published in 2010, will be *The Bully Syndrome: The Making and Unmaking of Bullies and Victims*, co-written with developmental psychologist Dr. Gordon Neufeld.

Pre-conference workshops (May 17, 2010)

Keynote Speakers present each morning of the conference. For more information on speakers and topics, see page 3.

Breakout Sessions are workshop sessions, standing alone or in a series, that lend themselves to a wide variety of topics, both germane and ancillary to the treatment of substance use disorders. The breakout sessions offer participants the opportunity to enhance their knowledge, skills, and attitudes via presentations related to a variety of available resources, refreshing approaches to previously learned and practiced methods, and at times cutting edge or controversial approaches.

PRE-CONFERENCE

(Please note: a separate fee is charged for these workshops)

Monday Schedule of Events

**Workshop 1
Ethics**

(Limited to 20 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part A (Repeat) 1:30pm-3pm

Part B (Repeat) 3:15pm-4:45pm

Susan Esp, LCPC

Ryan Porter, BA, CADC

A workshop for Counselors, Nurses, CADCs and other helping professionals. This workshop will fulfill the ethics CEU requirements for licensure in the State of Idaho. This workshop is experiential-based with a focus on ethical decision making models, the physical and psychological effects of making ethical decisions and how to develop and maintain vitality as a counselor. Research has shown that counseling can be a stressful profession. The purpose of this workshop is to examine the concept of counselor wellness, signs of counselor impairment and the stressful effects of ethical decision making. Participants will identify ethical decision making models and put them into practice. The role of wellness in the counseling field will be examined, along with methods of practicing and maintaining counselor wellness.

**Workshop 2
ASAM - PPC-2R**

(Limited to 30 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part C 1:30pm-3pm

Part D 3:15pm-4:45pm

Jaime Goffin, LCSW, CADCI

Upon completion of this training, participants will be able to: 1) understand the rationale and benefits of making patient placement decisions and writing clear and concise clinical justifications; 2) identify the benefits of utilizing ASAM; 3) properly utilize the continuum of care and the six dimensions of assessment as defined by ASAM; and 4) understand the relationship between the GAIN I assessment tool currently being used in Idaho and patient placement decision-making.

Organizations with staff who implement the skills learned in this training will see an improvement in the decision-making and written justifications of their clinicians. As a result of improved matching of clients

to treatment, organizations could see an increase in the initiation, engagement, and retention of clients in treatment.

**Workshop 3
Clinical Supervision – Focus on
Teaching and Mentoring Aspects
of Clinical Supervision for
Substance Use Professionals**

(Limited to 30 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part C 1:30pm-3pm

Part D 3:15pm-4:45pm

Debbie Thomas

Clinical Supervision – Focus on Teaching and Mentoring Aspects of Clinical Supervision for Substance Use Professionals. This course has been designed to meet the needs of both experienced and relatively new supervisors in the State of Idaho utilizing the "How To" Manual for Clinical Supervision in Idaho and the TAP 21. The workshop focuses on the teaching, training and mentoring aspects of clinical supervision in substance use treatment settings with practice in how to assess counselor competencies and build skill in designing professional development plans to improve counselor performance.

**Workshop 4
GAIN GRRS Editing and
Interpretation Training**

(Limited to 30 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part C 1:30pm-3pm

Part D 3:15pm-4:45pm

Kipp Dana, MA, LCPC

Rusty O'Leary, LCPC

The goal of this training is to assist clinicians to effectively and efficiently edit the GRRS and maximize their interpretation skills. Hopefully the training will also serve to reduce anxiety regarding the outcomes of the GAIN and make it more user friendly.

The trainers, Kipp Dana and Rusty O'Leary, have both been certified in GAIN Advanced Clinical Interpretation and are both certified and experienced Clinical Supervisors in their own BPA network treatment agencies. To offer this training in a one day format, Kipp and Rusty will provide each registrant with an assignment which must be completed prior to attending the training. This assignment will prepare each participant to maximize their understanding of the material to be presented and prepare them to make the best use of small group exercises.

Participants will receive their assignment about 2 weeks prior to the training.

**Workshop 5
Effective Group Facilitation
Skills for Criminal Justice
Professionals**

(Limited to 30 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part C 1:30pm-3pm

Part D 3:15pm-4:45pm

Kathleen Tomlin, MS, LPC, CADC III

Criminal justice professionals are increasingly called upon to provide specific, evidence-based group interventions, requiring expertise and skill in the effective facilitation of group process. This one day workshop will provide a brief theoretical overview on group facilitation and will focus on immediately useful and theoretically sound skills for managing and facilitating intervention groups in criminal justice environments. As this workshop will focus on enhancing current practice skills, participants should have some experience in group facilitation and a general understanding of the current types of group interventions being used in Idaho community and institutional corrections settings.

**Workshop 6
Advanced MRT -
Adult & Adolescent**

(Limited to 30 seats)

Part A 8:45am-10:15am

Part B 10:30am-12pm

Part C 1:30pm-3pm

Part D 3:15pm-4:45pm

Steve Swan

A one day, eight-hour practical, hands-on workshop (CEU approved) that assists participants to enhance their basic skills to more effectively facilitate MRT® groups. The cognitive-behavioral method of Moral Reconnection Therapy is reviewed in detail and attendees also participate in the program's structured cognitive-behavioral exercises. **This training is only available to persons who have already completed basic MRT® training.** All participants will receive a certificate of attendance/completion and CEUs will be available from Louisiana State University at Shreveport. A separate form and fee are required for these CEU certificates. All participants should prepare a list of MRT questions or group issues for discussion during the training.

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GENERAL CONFERENCE

Tuesday Schedule of Events

(Keynote: 8:45am-9:45am)

Breakout Session 1
10am-12pm

Class 1: Protective Factors for Youth Development, Part A

Jerry Fest

This first of a three part presentation explores how caring and supportive relationships serve as a protective factor to promote positive youth development in a range of settings including schools and mandated and voluntary services. Attendees will learn how such relationships are defined and implemented explore tools for relationship-based interventions and using social capital as a resource.

Class 2: Co-occurring Disorders: An Adlerian Perspective - Part A

Wes Wingett, PhD, LMHP

Co-occurring disorders – an Adlerian perspective will focus on the following topics: the identification and assessment of co-occurring disorders, treatment philosophy and structure, and counseling process and strategies. Identification and assessment will focus on the development and purpose of symptoms. Treatment philosophy and structure, will focus on movement from disorder to order, dysfunction to function, and disability to ability. Counseling process and strategies will focus on equality, empathy, and encouragement in individual and group settings.

Class 3: Cultural Awareness for Special Populations

Mike Cutler, PhD

This workshop will address consideration of special populations - women, elderly, etc. It will provide guidelines for counselors to gain awareness, knowledge and skills to work effectively across cultural differences.

Class 4: Improving Outcomes Using Strength-Based Interventions, Part A

Eric Call, LCSW

Stacie Golden

Casey Moyer, MSW

Cutting edge research demonstrates a correlation between strength-based interventions and greater achievement of outcomes for youth and family involved in the juvenile justice and children's mental health systems. More over these systems are incorporating strengths in the development of interventions. This session will provide the participants with an understanding of how to gather and utilize strengths as an effective tool for achieving outcomes.

Class 5: Tobacco Cessation...Like You've Never Seen it Before

Nancy Caspersen, RN, Tobacco Cessation Specialist

Tobacco cessation efforts are fraught with challenges. Programs are often inaccessible or ineffective. Tobacco users usually do not have a basic understanding of their complex addiction and treatment options. Tobacco addicts are often underserved and underprivileged - economically, medically, and socially - leaving them without resources or hope. Attendees will learn how to help tobacco users overcome these challenges with education, motivation and science-based treatment. Participants will leave with resources for effective tobacco cessation with their clients.

Class 6: Yogatherapy and Mindfulness Practice

Valarie Zuniga, M.A., LCPC

"Yogatherapy" and Mindfulness practice is a unique and effective approach to healing mental health issues such as depression and anxiety that draws on and integrates the inherent resources and capacities of the mind and body to work together for health and healing. When we suffer from uncomfortable moods and emotions our whole being is affected in mind, body, and spirit. For deep and comprehensive healing, therefore, we need to work with all aspects of ourselves. By uniting yoga therapy, mindfulness, and psychotherapy we are enjoying all aspects in the healing process. Wear comfortable clothes, bring your mat, and enjoy a respite by participating in the class and learning by experiencing the practice of yogatherapy and mindfulness in a relaxed and healing atmosphere.

Breakout Session 2
1:30pm-3pm

Class 1: Protective Factors for Youth Development, Part B

Jerry Fest

The second of this three part presentation builds upon the first session by looking at youth participation as an intervention strategy to promote development and engage young people as partners in finding solutions to the challenges they face. Barriers to participation, and three specific keys that are critical for successful participation, will be presented.

Class 2: Co-occurring Disorders: An Adlerian Perspective - Part B

Wes Wingett, PhD, LMHP

(See description under Breakout Session 1, Class 2.)

Class 3: HIV/AIDS: Integrating Education, Prevention and Intervention Services into Existing Practices - Part A

Mary Van Bronkhorst, PA-C

Jose Hernandez, MSW

HIV and HCV: What You Need to Know for Best Client Care.

A basic overview with an update of HIV and Hepatitis C diseases will be provided. Essential information for most effective client interaction will be offered including, but not limited to, disease transmission, prevention, risk-reduction, testing, advances in treatment (HIV-specific), and resources.

Class 4: Improving Outcomes Using Strength-Based Interventions, Part B

Eric Call, LCSW

Stacie Golden

Casey Moyer, MSW

(See description under Breakout Session 1, Class 4.)

Class 5: Gambling: Understanding Comorbidity with Drug and Alcohol; Screening, Assessment, Treatment - Part A

Paul Potter

This course introduces the definition and diagnostic criteria of problem and pathological gambling. Mr. Potter will discuss the scope of the problem and what research indicates regarding risk factors, individual differences, general personality characteristics, cognitive distortions and treatment approaches. The main focus of the presentation will be on diagnosis and assessment of pathological gambling when it is co-occurring with substance abuse and dependence. The DSM criteria, South Oaks Gambling Screen, Gamblers Anonymous 20 Questions and other screens will be introduced and discussed. Mr. Potter will also discuss clinical formulation of service plans for the co-occurring disorder client.

Breakout Session 3
3:15pm-4:45pm

Class 1: Protective Factors for Youth Development, Part C

Jerry Fest

The third installment of this three part presentation reveals the final protective factor critical to a young person's healthy development; high expectations. But "high expectations" is far more than positive thinking, goal setting, or accountability. This series ends with an examination of high expectations related to youth development, and how this protective factor enhances and supports the factors presented in the previous two sessions.

Class 2: Co-occurring Disorders: an Adlerian Perspective - Part C

Wes Wingett, PhD, LMHP
(See description under Breakout Session 1, Class 2.)

Class 3: HIV/AIDS: Integrating Education, Prevention and Intervention Services into Existing Practices - Part B

Mary Van Bronkhorst, PA-C
Jose Hernandez, MSW
(See description under Breakout Session 2, Class 3.)

Class 4: Orientation to the Wraparound Process; an Evidence Based Practice

Eric Call, LCSW
Stacie Golden
Casey Moyer, MSW

Come and learn about the process of Wraparound! Wraparound is an evidence-based practice that has been effective in System of Care communities nationwide. Studies have shown that families who create their own plans are 90% successful. Wraparound is a ten-step process based upon a set of values, beliefs and principles. A wraparound specialist helps the family select a team with natural supports such as family members, friends, clergy, etc., and formal supports such as counselors, service providers, probation officers, etc. to help create a unique plan based upon the needs and strengths of the family. All planning occurs with the child and family present.

Class 5: Gambling: Understanding Comorbidity with Drug and Alcohol; Screening, Assessment, Treatment - Part B

Paul Potter
(See description under Breakout Session 2, Class 5.)

Wednesday Breakout Sessions
(Keynote: 8:45am-9:45am)

Breakout Session 4
10am-12pm

Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part A

Jerry Moe, MA
This workshop introduces participants to a variety of strategies and techniques to assist children and families in the healing process. Part A focuses on the rules for group effectiveness in teaching young children about addiction and recovery. Part B and C demonstrate games and activities which effectively engage children and families in their own recovery. Come fill your "tool-box" with stuff that really works.

Class 2: NIATx Process Improvement Fundamentals Workshop - Part A
NIATx Faculty

This workshop will provide an understanding of the NIATx Model of Improvement developed and tested in partnership among the Robert Wood Johnson Foundation, the Center for Substance Abuse Treatment and independent addiction treatment organizations. Using didactic and interactive sessions participants will learn: key principles of effective improvement; to understand and involve consumers; how to conduct and complete an improvement project in six months; practice a powerful tool to generate ideas and participate in a rapid cycle change exercise.

Class 3: Youth Comprehensive Risk Assessment

Ken Coll, Ph.D.

The presenter will report the development of an assessment process for distinguishing higher risk and lower risk youth offenders by frequency and intensity of major risk factors related to functioning. Preliminary results and discussion of applications for practice are included. Measures used included the Youth Comprehensive Risk Assessment (YCRA), the Substance Abuse Subtle Screening Inventory for Adolescents (SASSI-A), and the Family Adaptability and Cohesion Evaluation Scales, third version (FACES III).

Class 4: Promoting Awareness of Motivational Incentives (PAMI)

Mary Christy, MS, ACADC

Research has shown that motivational incentives programs using low-cost reinforcement (prizes, vouchers, clinic privileges, etc.), delivered in conjunction with onsite urine screening, promotes higher rates of treatment retention and abstinence from drug abuse. This Blending Team focused their efforts on informing the field about successful approaches in the use of motivational incentives (also referred to as contingency management).

Class 5: Allumbaugh House
Cindy Miller, RN, BC

Allumbaugh House is a mental health crisis/detoxification facility located in Boise, Idaho. The City of Boise, Ada County, Idaho Department of Health and Welfare, City of Meridian, United Way, St Alphonsus Regional Medical Center and St. Luke's Regional Medical Center have worked collaboratively to develop and fund the construction and operations of Allumbaugh House.

Thomas Old, Alta Vista Consulting, and Jim Birdsall, City of Boise, will provide a historical perspective on this innovative partnership. Cynthia Miller, R.N.-B.C. will

present the audience with an overview of the Allumbaugh House mission, target population and service delivery model.

Class 6: Iraq and Afghanistan Post Deployment Issues

Sue Hicks, LCSW, CADC III

Issues of substance use will be explored in relation to the returning Iraq/Afghanistan service members. Relationship of combat stress, PTSD, TBI, comorbidity and neurobiological aspects will be discussed. Treatment perspectives will be presented from the viewpoint of the Veteran's Administration.

Breakout Session 5
1:30pm-3pm

Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part B

Jerry Moe, MA
(See description under Breakout Session 4, Class 1.)

Class 2: NIATx Process Improvement Fundamentals Workshop, Part B

NIATx Faculty
(See description under Breakout Session 4, Class 2.)

Class 3: Drug Screening/Testing; How to Integrate Drug Testing in Your Facility to be Therapeutic; Developing Sound and Cost-Effective Policy and Practice in Your Setting - Part A

Dennis Hardziej, MS, CCD - Moderator
Kipp Dana, MA, LCPC

A positive drug test is a significant event in treatment. It might mean one use, or it might indicate a return to chronic use. Outcome measures for assessing clinical efficacy of treatment should reliably and accurately reflect the benefits of treatment. A panel of National and local experts will explore: Using urinalysis (UA's) in a therapeutic environment as well as their correlation to treatment outcomes.

Class 4: Professional Credentialing CADC Certification Process

Mary Christy, MS, ACADC

Have you ever wanted to know how to become a certified drug and alcohol counselor in the State of Idaho but have been afraid to ask? Please join members from the Idaho Board of Alcohol and Drug Counselor Certification as they describe the process of becoming an ISAS (Idaho Student of Addiction Studies), CADC (Certified Alcohol and Drug Counselor), ACADC (Advanced Certified Drug and Alcohol Counselor), CPS (Certified Prevention Specialist) and/or a CCS (Certified Clinical Supervisor).

Class 5: Understanding Court & Treatment Collaboration

Judge John Varin
Norma Jaeger, MS

As the court system and the treatment community work more and more closely, certain differing system expectations can become stumbling blocks to effective collaboration. This session will present some of the court requirements, operating principles and rules, and even judicial ethical considerations that may be invisible to the treatment community but which provide the foundation of the court's expectations and limitations in working to assure meaningful treatment for criminal defendants. The session will also provide for opportunity for dialogue between a judicial officer and treatment providers around common issues and concerns.

Class 6: Traumatic Brain Injury (TBI)
Vanessa Williams, Ph.D.

This presentation will focus on the assessment and diagnosis of traumatic brain injury (TBI) and the implications for treatment of various co-occurring disorders, including substance abuse. In particular the cognitive effects of TBI and the cognitive deficits associated with alcohol abuse will be outlined. We will discuss the research on mild TBI, including the overlap of cognitive symptoms with other disorders (i.e. post-traumatic stress disorder).

Breakout Session 6
3:15pm-4:45pm

Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part C

Jerry Moe, MA
(See description under Breakout Session 4, Class 1.)

Class 2: NIATx Process Improvement Fundamentals Workshop, Part C

NIATx Faculty
(See description under Breakout Session 4, Class 2.)

Class 3: Drug Screening/Testing; How to Integrate Drug Testing in Your Facility to be Therapeutic; Developing Sound and Cost-Effective Policy and Practice in Your Setting - Part B

Dennis Hardziej, MS, CCD - Moderator
Kipp Dana, MA, LCPC
(See description under Breakout Session 5, Class 3.)

Class 4: Psychological Aspects of Chronic Pain

Beth Fassig, Psy D

The scope of this presentation includes:

- Understanding the difference between acute and chronic pain

- Conceptualizing chronic pain as a form of chronic stress
- Moving from a medical model to a biopsychosocial model
- Therapeutic issues in treating patients with chronic pain including grief, loss, and identity issues
- Creating windows of opportunity by enhancing resilience
- Evaluating treatment effectiveness in terms of function

Class 5: Suicide Risk Assessment
Mary Pierce, LCSW

This workshop will cover core competencies needed for suicide risk assessment, including Managing one's own reactions to suicide; Reconciling the difference (and potential conflict) between the clinician's goal to prevent suicide and client's goal to eliminate psychological pain via suicide; Collecting accurate assessment information; Formulation of risk; Safety planning; and Documentation.

Class 6: Combat-Related PTSD; Present Status and Future Directions
Dudley Blake, PhD

Dr. Blake will speak about current understanding of PTSD. Information about what is formally recognized to constitute the disorder, as well as gaining a conceptual understanding about how it developed and where, "to go," clinically, in treating individuals diagnosed with PTSD.

Thursday Breakout Sessions
(Keynote: 8:45am-9:45am)

Breakout Session 7
10am-12pm

Class 1: Taming the Hungry Ghost
Gabor Maté, MD

This workshop will explore the practical applications of Dr. Maté's keynote in working with our addicted fellow human beings. Concepts discussed will include harm reduction--mitigating the harm from addictions; neuroplasticity: the capacity of the brain to develop new circuits based on new experience and using our automatic judgments of addicts to help us deepen our compassion.

Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals (LGBT) - Part A

Jamie Diarte, LCS

This breakout session will provide practitioners and administrators with increased familiarity with the issues and barriers faced by LGBT individuals in need of substance use disorders treatment. This is a modified version of the curriculum developed through the collaboration of the Prairielands Addiction Technology Transfer Center, Center for

Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, and The Lesbian, Gay, Bisexual, and Transgender Community Center of New York.

Class 3: Emotionally Focused Therapy (EFT) with Couples

Wendy Taylor, LCSW, LMFT

EFT attendees can expect to understand the theoretical frameworks underlying this approach, the techniques and process to provide EFT. Part of the presentation will be interactional to give clinical demonstration of EFT practice. The information provided is a summary of EFT externship and presentations given by Susan Johnson, one of the founders of EFT practice.

Class 4: 12-Step Facilitation: Incorporating Evidence-Based Practice into 12-Step Groups

Larry VanDyke

With on-going budget cuts, reduction of services and increasing treatment needs, now more than ever we need to use evidenced-based treatment methods and partner with community-based resources to meet the needs of our clients. This workshop will consist of interactive discussions, a power point presentation of research results, and in-depth review of 12-Step references to match client's willingness to change. Speaker will provide information about different Twelve-Step Facilitation (TSF) models, an evidence-based treatment approach, and provide some practical applications to use in facilitating 12-Step groups.

At the end of the workshop, participants will be able to:

1. Understand the rationale of TSF and supporting research regarding different treatment models.
2. Implement stage-appropriate interventions to enhance client engagement in community-based 12-Step resources.
3. Understand the true "Agent of Change" as reported from persons in recovery.

Class 5: SBA: Surviving & Thriving in Tough Economic Times

Richard Vycital, CFA
Norm Proctor

This workshop will provide an overview of the resources available from the U.S. Small Business Administration (SBA) and their resource partner the Idaho Small Business Development Center (ISBDC) to assist small businesses. SBA resource include financing, entrepreneurial development and assistance with government contracting. The primary function of the ISBDC is to provide small business counseling and training.

Class 6: Ethics for Criminal Justice Professionals

Michael Blankenship, PhD
 Many issues present ethical dilemmas or concerns to the criminal justice professional today. This session will examine common ethical issues facing criminal justice practitioners, provide guidelines for analyzing such issues and developing a prudent and effective course of action. Resources on the topic will also be provided and real world examples will provide for lively interaction.

Breakout Session 8
1:30pm-3pm

Class 1: Hold On To Your Kids: Working With Youth in a Peer-Centered Culture

Gabor Maté, MD
 Many adolescents today no longer look to adults for emotional support, the teaching of values, or the modeling of behavior. "Peer orientation" refers to the tendency of children and youth to look to their peers for direction: for their sense of right and wrong, codes of conduct, and their very identity. Among the consequences are aggression, precocious sexuality and addiction. How to understand this phenomenon and how to reverse it is the focus of this session.

Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals (LGBT) - Part B

Jamie Diarte, LCS
 (See description under Breakout Session 7, Class 2.)

Class 3: Heroin and Prescription Opiate Epidemic in Boise, Idaho - Part A

Larry Stoune, MD
 This workshop will present information about the current epidemic of heroin and prescription opiate use and the progression and extent of illicit and prescription opiate drug use right here in our community. Adult and adolescent case studies will be noted. The Program of Action to Obtain a Solution will be discussed. Medication Assisted Treatment (MAT), how it works and how it is implemented at Raise the Bottom will also be presented. Dr. Stoune will address how the Courts, Probation and Parole and other avenues in our community assist the addict with legal issues.

Class 4: Understanding and Using the LSI-R in Effective Treatment Planning

Deena Green, PhD
 Mark Gornik
 Norma Jaeger, MS

Treatment providers are expected to utilize the LSI-R in planning treatment for criminal justice clients but have received little background information about the

LSI-R and how it can be an effective tool to individualize treatment even within the expectations of using standardized evidence-based treatment practices and models. This session will provide a good foundation in the LSI-R, how it is assembled, what it measures, why it is important in determining the best targets for treatment and how to use and document it in the individual client treatment plan.

Class 5: Affecting Public Policy / Agency Role - Part A

Kathie Garrett
 Kathy Skippen

This session will provide an overview of the public policy process and the importance of the provider community taking part in advocating on behalf of their clients. Participants will be asked to come prepared with an issue that is pertinent to their work and which they seek support and change from policy makers. The session will also include a discussion of the lobbying activities allowed for governmental employees. Following the first session, legislators will join for a roundtable discussion with the providers to learn about the important challenges facing the providers in Idaho.

Class 6: Suicide, Addiction, and Comorbidity in Youth

Roberto Negron, MD

This workshop will look at risk factors, rates and methods of suicide. Additional will include:

- Assessment and Interview Strategies in Suicidal Patients.
- Neurobiology of Addiction - addiction is seen as a brain disorder.
- Rates of Alcohol and Substance abuse and the comorbidity of alcohol, and substances with psychiatric illness.
- Alcohol, pharmacology and neuropharmacology methamphetamine intoxication, withdrawal and treatment.

Breakout Session 9
3:15pm-4:45pm

Class 1: Beyond the Medical Model: Understanding the Causes of Healing of Attention Deficit Disorder (ADHD)

Gabor Maté, MD

The diagnosis of attention deficit disorder, or AD(H)D (with or without hyperactivity), is burgeoning. Nearly three million children in the U.S. take stimulant medications for this condition. ADHD is a major risk factor for addiction. Contrary to the prevailing view, it is not an inherited disease but a problem of brain development owing to increasing stress in our society. How to understand the behaviors and emotional patterns of the

child, adolescent or adult with ADD will be the focus of this workshop, along with the role of medical treatment.

Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender (LGBT) Individuals - Part C

Jamie Diarte, LCS
 (See description under Breakout Session 7, Class 2.)

Class 3: Heroin and Prescription Opiate Epidemic in Boise, Idaho - Part B

Larry Stoune, MD
 (See description under Breakout Session 7, Class 3.)

Class 4: New IDAPA Rules: SUD QP Standards

Bethany Gadzinski
 This workshop will give an overview of the new IDAPA rule 16-0720, Alcohol and Substance Use Disorder Treatment and Recovery Support Services Facilities and Programs. Discussion will center around how to determine if you are a Qualified Substance Use Disorder Professional and what you need to do if you want to provide services with funding through the State.

Class 5: Affecting Public Policy / Agency Role - Part B

Kathie Garrett
 (See description under Breakout Session 8, Class 5.)

Class 6: Advanced Practice Principles for DUI Courts

Norma Jaeger, MS
 This session will explore current research into effective DUI Court practice and draw from the nationally published Guiding Principles for DUI Courts. Group discussion and interaction will examine common challenges and both the presenter and the other session participants will share strategies for addressing these challenges. Special issues facing prosecution and adjudication of the DUI offender will be examined as will planned changes in Idaho's system of response to the DUI offender.

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Register online at www.attendicadd.com

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(As of February 19, 2010)

Idaho Conference on Alcohol and Drug Dependency 2010 Registration Form

Register online at www.attendicadd.com and receive a \$10 discount on general conference registration fees!

Call 208-466-2519 or email info@attendicadd.com with questions.

Complete form and mail or fax to ICADD, PO Box 1311, Meridian ID 83680, Fax: 208-466-7693.

First Name _____ Last Name _____

Agency _____
(Please print clearly)

Mailing Address _____

City _____ State _____ Zip Code _____

Work Phone _____ Fax _____ Email _____

CONTINUING EDUCATION CREDITS:

- A maximum of 24 hours will be available.
- Contact hours verification of attendance forms will be stamped at the end of each session.

CONFERENCE REGISTRATION INCLUDES:

- Conference handout materials
- Contact hours verification of attendance form
- Access to Lincoln Garage parking
(Free parking in designated areas on campus.)

PRE-CONFERENCE REGISTRATION FEES: (not available for students)

Full Pre-Conference Day \$90/person _____
Ethics Workshop ONLY \$60/person _____

GENERAL CONFERENCE REGISTRATION FEES:

(Please select one option)

	<u>By April 4, 2010</u>	<u>April 5-26, 2010</u>	<u>Onsite walk-up registration</u>
Three-Day Rate	\$250/person _____	\$335/person _____	\$360/person _____
Daily Rate	\$140/person _____	\$190/person _____	\$215/person _____
Three-Day Full-time Student Rate	\$155/person _____	\$190/person _____	\$215/person _____

(No daily rate available for students. Students MUST provide verification of current student status by faxing a copy of student status to 208-466-7693 by April 30th.)

FOUR-DAY REGISTRATION FEE: (includes Pre-Conference Day)

	<u>By April 4, 2010</u>	<u>April 5-26, 2010</u>	<u>Onsite walk-up registration</u>
Four-Day Rate	\$300/person _____	\$385/person _____	\$410/person _____

DAYS ATTENDING ICADD:

- Monday
 Tuesday
 Wednesday
 Thursday

LUNCH AT BOISE RIVER CAFÉ:

I intend to purchase a lunch ticket to have lunch at the Boise River Café on the first floor of the Student Union Building. *(Tickets will be purchased on site.)*

- Monday Tuesday Wednesday Thursday

PRE-REGISTRATION DEADLINE:

No Registrations will be accepted after April 26, 2010. Payments via US Mail: Registration fees will be based on post mark date.

SUBSTITUTION POLICY AND DEADLINES:

All substitutions must be submitted in writing. Substitutions received by April 30, 2010 are allowed without penalty. Substitutions received on or after May 1st, 2010 will be charged a \$50 processing fee.

CANCELLATION POLICY AND DEADLINES:

All cancellations must be submitted in writing. A \$50 processing fee will be withheld from all refunds prior to May 1st, 2010. There will be no refunds on or after May 1st, 2010.

PAYMENT INFORMATION:

Payment must accompany registration. Registration fees sent by mail must be post marked by April 26, 2010 and must include full payment. Please indicate amount and payment method.

PRE-CONFERENCE WORKSHOP TOTAL: \$ _____

GENERAL CONFERENCE TOTAL: \$ _____

OR

FOUR-DAY CONFERENCE TOTAL: \$ _____

TOTAL AMOUNT DUE: \$ _____

Check or Money Order (made payable to: ICADD Foundation)

Credit Card

Type of Card _____ Visa _____ MasterCard _____ Discover _____

Card Number _____ Expiration Date _____

Name on Card _____ Signature _____

V-Code (3 digit number on back of card) _____ Total Amount Due \$ _____

Card Billing Address _____

(Must be accurate or registration will be declined.)

See full schedule and select Workshop/Breakout Sessions on other side of this form.
(Fax only credit payments to 208-466-7693. Please fax both sides of form.)

Conference schedule is subject to change.

ICADD 2010 Pre-Conference Workshops

Please note: a separate fee is charged for these Workshops

Please check the box next to the class you plan to attend. Please check ONLY one box in this section.

Monday, May 17, 2010

Workshop 1 (Limited to 20 seats)

- Ethics - Part A & B 8:45am-10:15am & 10:30am-12pm

OR

- Ethics - Part A & B 1:30pm-3:pm & 3:15pm-4:45pm
(Repeat)

Workshop 2 (Limited to 30 seats)

- ASAM - PPC-2R - Part A, B, C & D

Workshop 3 (Limited to 30 seats)

- Clinical Supervision – Focus on Teaching and Mentoring Aspects of Clinical Supervision for Substance Use Professionals - Part A, B, C & D

(Monday, May 17th, continued)

Workshop 4 (Limited to 30 seats)

- GAIN GRRS Editing and Interpretation Training - Part A, B, C & D

Workshop 5 (Limited to 30 seats)

- Effective Group Facilitation Skills for Criminal Justice Professionals - Part A, B, C & D

Workshop 6 (Limited to 30 seats)

- Advanced MRT* - Adult & Adolescent - Part A, B, C & D

*This training is only available to persons who have already completed basic MRT training.

Note: 15 minute breaks will occur at 10:15am and 3pm.

Lunch is on your own from 12pm-1:30pm.

ICADD 2010 General Conference Breakout Sessions

Please check the box next to each class you plan to attend.

(If registering for a series of classes, you must select all classes within that series, i.e. Part A, B, C & D)

Tuesday, May 18 Keynote 8:45am-9:45am

Session 1, 10am-12pm

- Class 1: Protective Factors for Youth Development, Part A
 Class 2: Co-occurring Disorders: An Adlerian Perspective - Part A
 Class 3: Cultural Awareness for Special Populations
 Class 4: Improving Outcomes Using Strength-Based Interventions - Part A
 Class 5: Tobacco Cessation...Like You've Never Seen it Before
 Class 6: Yogatherapy and Mindfulness Practice

Session 2, 1:30pm-3pm

- Class 1: Protective Factors for Youth Development, Part B
 Class 2: Co-occurring Disorders: An Adlerian Perspective - Part B
 Class 3: HIV/AIDS: Integrating Education, Prevention and Intervention Services into Existing Practices - Part A
 Class 4: Improving Outcomes Using Strength-Based Interventions - Part B
 Class 5: Gambling: Understanding Comorbidity with Drug and Alcohol; Screening, Assessment, Treatment - Part A

Session 3, 3:15-4:45pm

- Class 1: Protective Factors for Youth Development, Part C
 Class 2: Co-occurring Disorders: An Adlerian Perspective - Part C
 Class 3: HIV/AIDS: Integrating Education, Prevention and Intervention Services into Existing Practices - Part B
 Class 4: Orientation to the Wraparound Process; an Evidence Based Practice
 Class 5: Gambling: Understanding Comorbidity with Drug and Alcohol; Screening, Assessment, Treatment - Part B

Wednesday, May 19 Keynote 8:45am-9:45am

Session 4, 10am-12pm

- Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part A
 Class 2: NIATx Process Improvement Fundamentals Workshop - Part A
 Class 3: Youth Comprehensive Risk Assessment
 Class 4: Promoting Awareness of Motivational Incentives
 Class 5: Allumbaugh House
 Class 6: Iraq and Afghanistan Post Deployment Issues

Session 5, 1:30pm-3pm

- Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part B
 Class 2: NIATx Process Improvement Fundamentals Workshop - Part B
 Class 3: Drug Screening/Testing; How to Integrate Drug Testing in Your Facility to be Therapeutic; Developing Sound and Cost-Effective Policy and Practice in Your Setting - Part A
 Class 4: Professional Credentialing CADC Certification Process

(Wednesday, May 19th, continued)

- Class 5: Understanding Court & Treatment Collaboration

- Class 6: Traumatic Brain Injury

Session 6, 3:15pm-4:45pm

- Class 1: Tools for the Journey: Healing Strategies for Children and Families - Part C
 Class 2: NIATx Process Improvement Fundamentals Workshop - Part C
 Class 3: Drug Screening/Testing; How to Integrate Drug Testing in Your Facility to be Therapeutic; Developing Sound and Cost-Effective Policy and Practice in Your Setting - Part B
 Class 4: Psychological Aspects of Chronic Pain
 Class 5: Suicide Risk Assessment
 Class 6: Combat-related PTSD; Present Status and Future Directions

Thursday, May 20 Keynote 8:45am-9:45am

Session 7, 10am-12pm

- Class 1: Taming the Hungry Ghost
 Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals - Part A
 Class 3: Emotionally Focused Therapy with Couples
 Class 4: 12-Step Facilitation: Incorporating Evidence-Based Practice into 12-Step Groups
 Class 5: Surviving & Thriving in Tough Economic Times
 Class 6: Ethics for Criminal Justice Professionals

Session 8, 1:30pm-3pm

- Class 1: Hold On To Your Kids: Working With Youth in a Peer-Centered Culture
 Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals - Part B
 Class 3: Heroin and Prescription Opiate Epidemic in Boise, Idaho - Part A
 Class 4: Understanding and Using the LSI-R in Effective Treatment Planning
 Class 5: Affecting Public Policy / Agency Role - Part A
 Class 6: Suicide, Addiction, and Comorbidity in Youth

Session 9, 3:15pm-4:45pm

- Class 1: Beyond the Medical Model: Understanding the Causes of Healing of Attention Deficit Disorder (ADHD)
 Class 2: A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals - Part C
 Class 3: Heroin and Prescription Opiate Epidemic in Boise, Idaho - Part B
 Class 4: New IDAPA Rules: SUD QP Standards
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 Class 6: Advanced Practice Principles for DUI Courts