

PSYCHOPHARMACOLOGY

Mood Stabilizing (“Anti-Manic”) Medications

<u>Generic Name</u>	<u>Brand Name</u>	<u>Usual Doses</u>
Lithium	Eskalith [®] LithoBID [®]	300-2400++ mg/day*
Valproate	Depakene [®] /Depakote [®]	250-4500 mg/day*
Carbamazepine	Tegretol [®] , Equetro [®]	400-1600 mg/day*
Gabapentin** ⚡	Neurontin [®]	600 – 3600 mg/day
Lamotrigine	Lamictal [®]	25 – 300 ++ mg/day
Topiramate** ⚡	Topamax [®]	100 – 400 mg/day
Atypical Antipsychotics***	Various	

* Dosing for all of these medicines (especially lithium) should be guided by patients’ response AND by blood levels. Blood levels are of secondary importance.

** Not approved by FDA for treatment of Bipolar Affective Disorder.

*** All FDA-approved for acute mania; several approved for maintenance

⚡ Evidence (if any at all) for efficacy as mood stabilizer is VERY preliminary &/or WEAK.