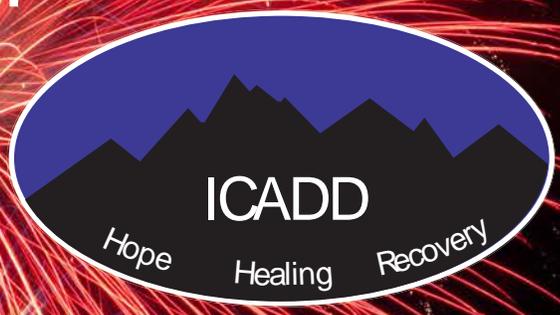


IDAHO CONFERENCE ON ALCOHOL AND DRUG DEPENDENCY

Attendee Prospectus

Treatment - Prevention - Community Coalition



Professional Practices & Promising Futures

34th Annual ICADD Conference
Pre-Conference Workshops May 21, 2018
General Conference May 22-24, 2018
Boise State University

For more information: www.attendicadd.com

2018 ICADD CONFERENCE DETAILS

MISSION STATEMENT

To provide education and training for substance abuse and dependence professionals and educators in behavioral health care, criminal justice and recovery support.

CONTACT ICADD

PO Box 1311, Meridian, ID 83680
Ph: 208-466-2519 Fax: 208-865-7872
Email: info@attendicadd.com

CONFERENCE LOCATION

Student Union Building
Boise State University
1700 University Drive, Boise, ID 83725-1335

CONTINUING EDUCATION CREDITS

You can earn 24 CE hours at ICADD 2018, 6 hours for the full day of Pre-Conference and 18 hours for the full three days of the conference.

INFORMATION ABOUT BOISE

Boise has a blend of traditional and non-traditional attractions. The City of Trees boasts museums and urban parks, a river flowing through the heart of the city and a 25-mile river front greenbelt. Among the many sites to visit are the Basque Museum and Cultural Center, Morrison-Knudsen Nature Center, Idaho Anne Frank Human Rights Memorial, Idaho Black History Museum and the World Center for Birds of Prey. Southwest Idaho's accessible outdoors beckons the Boise visitor to enjoy mountains, desert sand dunes, canyons and white water rafting rivers.

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PARKING INFORMATION

In order to have FREE conference parking in the Lincoln Parking Garage at the corner of Lincoln Avenue and University Drive - you MUST note your parking space number and then stop at a parking kiosk and enter that number, click on the choice for ICADD and print a receipt. If there is a parking attendant present, they will give you a parking permit in lieu of using the kiosk. See our website or the insert in your registration packet for more detailed instructions.

Attendees ARE responsible for their own parking fines.

LUNCH OPTIONS: Boise State Food Court

Chick-fil-A Express: hours open pending
Moe's Southwestern Grill: hours open pending
Subway: 11:00 to 2:00 everyday
Fresh Express C-Store: 10:00 to 4:00 everyday
Food Trucks will be nearby

Please note the Boise RiverCafe is NOT open

2018 ICADD PRE-CONFERENCE SCHEDULE

Monday, May 21st

8:00am - 2:00pm Registration
9:00am - 10:30am Workshops
10:30am - 10:45am Break
10:45am - 12:15pm Workshops
12:15pm - 1:30pm Lunch (on your own)
1:30pm - 3:00pm Workshops
3:00pm - 3:15pm Break
3:15pm - 4:45pm Workshops

2018 ICADD CONFERENCE SCHEDULE

Tuesday, May 22nd

7:00am - 8:00am NA, AA or Al-Anon Meeting (**pending**)
7:00am - 2:00pm Registration
7:30am - 8:30am Continental Breakfast in Exhibit Hall
7:30am - 3:30pm Exhibits Open
8:00am - 8:30am Welcome and Introductions
8:30am - 10:00am Keynote: Jennifer Golick, PhD, LMFT
10:00am - 10:15am Break with Exhibitors
10:15am - 12:00pm Breakout Session 1
12:00pm - 1:15pm Lunch (on your own), Exhibits open
1:15pm - 3:00pm Breakout Session 2
3:00pm - 3:15pm Break with Exhibitors
3:15pm - 5:00pm Breakout Session 3

Wednesday, May 23rd

7:00am - 8:00am NA, AA or Al-Anon Meeting (**pending**)
7:00am - 2:00pm Registration
7:30am - 8:30am Continental Breakfast in Exhibit Hall
7:30am - 3:30pm Exhibits Open
8:00am - 8:30am Welcome, Introductions, Lifetime Achievement Award, Prevention Award
8:30am - 10:00am Keynote: Cardwell Nuckols
10:00am - 10:15am Break with Exhibitors
10:15am - 12:00pm Breakout Session 4
12:00pm - 1:15pm Lunch (on your own), Exhibits open
1:15pm - 3:00pm Breakout Session 5
3:00pm - 3:15pm Break with Exhibitors
3:15pm - 5:00pm Breakout Session 6

Thursday, May 24th

7:00am - 8:00am NA, AA or Al-Anon Meeting (**pending**)
7:30am - 8:30am Continental Breakfast-Jordan Lobby
8:00am - 8:30am Welcome and Introductions,
8:30am - 10:00am Keynote: Scott R. Petersen
10:00am - 10:15am Break
10:15am - 11:45am Breakout Session 7
11:45am - 12:00pm Break
12:00pm - 1:30pm Breakout Session 8

AA, NA and AL-ANON MEETING INFORMATION

Location ~ TBD - 7:00am
Schedule Pending

Tuesday, May 22, 2018
8:30am-10:00am

Location ~ Jordan D



Jennifer Golick
PhD, LMFT

The Evolution of Cannabis

This keynote address will review the progression of potency in cannabis, including routes of ingestion, edibles and concentrates. We will explore the impacts of cannabis on vulnerable populations, focusing specifically on adolescents.

Dr. Jennifer Golick is a Licensed Marriage Family Therapist and has over 17 years of clinical experience in a variety of inpatient and community-based mental health programs. Dr. Golick specializes in Cognitive Behavioral Therapy, Motivational Interviewing, Family Systems and Attachment Theory. She is a published author and seasoned public speaker who has lectured across the U.S. and Canada about a variety of treatment related issues. She is a clinical consultant for several residential treatment programs, both adult and adolescent.

Wednesday, May 23, 2018
8:30am-10:00am

Location ~ Jordan D



Cardwell Nuckols
PhD

The Opiate Crisis: Understanding & Treating the Opiate Addict, Emphasis on Heroin & Fentanyl and its Analogues

How does the opiate addict stop taking a substance that creates little cognitive impairment, elevates dopamine creating pleasure, makes them feel warm, fed and cared for while reducing stress and alleviating negative feeling states? Obviously, there is no easy answer but there are approaches that can elevate the opportunity for recovery. This skills training event will introduce those in attendance to ways of understanding the opioid addict's experience as engagement and all attempts at intervention must start here. Both psychotherapeutic and pharmacological management will be discussed.

Dr. Cardwell C. Nuckols is described as "one of the most influential clinical and spiritual trainers in North America." He has served the behavioral medicine field for over 40 years and for the last 25 years is considered one of the leading experts in the world on addiction and recovery.

Dr. Nuckols is widely published, having authored more than 65 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series.

Thursday, May 24, 2018
8:30am-10:00am

Location ~ Jordan D



Scott R. Petersen
LCSW, MAC, CACIII

Intersections of Mental Health, Substance Use & Trauma

T.S. Elliot writes, "In my beginning is my end." According to the Adverse Childhood Experiences (ACE) study, early childhood trauma is far more common than recognized or acknowledged and these experiences have a far-reaching impact on later adult health and well-being. Whether trauma occurs in childhood or later on in adult life, its effects can be profound and enduring. While the role of trauma in the lives of people accessing addiction treatment and mental health services is significant, traumatic experience often goes under reported, unaddressed, and untreated. The goal of this presentation is to introduce resources for organizations and their staff that will guide the development of a culture supportive and facilitative of the efforts of those we serve to recover and heal from traumatic experience. We will review trauma prevalence and causality; explore the symptoms of the traumatic response, their assessment and their adaptive function in the life of the survivor; discuss and apply essential principles for working with individuals with trauma histories; and consider the impact of trauma work on staff, along with the central importance of self-care.

Scott R. Petersen is a faculty member and trauma specialist at the Center for Social Innovation/t3 and maintains a private psychotherapy practice in Denver, CO.

Pre-Conference Schedule

Classes begin at 9:00 am and conclude at 4:45 pm

Breaks from 10:30 am to 10:45 am, 3:00 pm to 3:15 pm Lunch 12:15 pm to 1:30 pm (on your own)

Workshop 1

Recovery Ethics (9:00 am - 12:15 pm)
Ryan Ortivez, PSS, CRC Supervisor Jenny Teigen

Location ~ TBD

The purpose of this session is to review Recovery Coach Ethics and how we apply them to peers. Also, discussion of the unique ethics that are present in peer relationships will allow for us to use our discernment in these relationships. To further explore ethics and their importance, we will break out into small groups and examine potential ethical scenarios. To conclude this session, we will examine compassion fatigue and how it impacts our ethics. To help us to maintain ethics and combat compassion fatigue, we will compile ideas of effective self-care practices.

Recovery Coach/Peer Recovery Coach Exam Prep (1:30 pm to 4:45 pm)

Mary Christy, ACADC
Norma Jaeger, PhD

This session will provide information on the Idaho Recovery Coach Certification Process and on core competencies in preparation for the written examination. There will be a Q&A with IBADCC representatives and recovery coaches that have passed the exam and are currently certified.

Workshop 2

DBT-Skills (9:00 am - 4:45 pm)

Jared Bingham, LCPC, MAC

Location ~ TBD

Dialectical Behavioral Therapy (DBT) is an evidenced based practice that shows great promise across a wide variety of behavioral problems. There are four modes to doing fully adherent DBT, the most common and the most researched is the skills groups. This all day session will focus on the four different skills training modules: Mindfulness Skills, Interpersonal Effectiveness Skills, Emotion Regulation Skills, and Distress Tolerance Skills.

Workshop 3

Clinical Supervision (9:00 am - 4:45 pm)
Frances Patterson, PhD

Location ~ TBD

Clinical supervision is a critical component to providing quality client care. In this training, supervisors, or those striving to be supervisors, will gain information regarding critical issues in providing clinical supervision. Discussion includes vicarious liability, managing interpersonal issues, cultural issues and self-care for the supervisor and supervisee.

Workshop 4

Guidelines for Suicide Intervention & Postvention (9:00 am - 12:15 pm)

Dan Casey, EdD

Location ~ TBD

Why do people kill themselves? How do I ask a client if they are feeling suicidal? How do I handle the response and deal with the strong emotions suicide can generate? Human service professionals provide a safety net for a client. One of the most commonly reported issues raised in an assessment is thoughts of or attempts at suicide; giving a skilled professional the opportunity to not only identify a client with a higher than average suicide risk, but will enable them to make more appropriate referrals into the continuum of care. This training will answer questions many of us have about suicide. It will provide basic information about suicide as identifying practical skills for intervention, and postvention. It will also combine basic information, small group role-plays and experiential learning to provide participants with the knowledge and skill base needed to effectively identify the topic of suicide more effectively with clients.

CBI-AP Booster (1:30 pm - 4:45 pm)

Matt Albaugh, Jeremy Coleman, Jim Meldrum

Location ~ TBD

This training is for SUD treatment providers who are currently certified and delivering CBI-AP in community practice. Learn skills building and group management techniques for CBI-AP. Enrollment is limited to 30 people and attendees must be previously trained in CBI-AP.

Workshop 5

Guidelines for Suicide Intervention & Postvention (9:00 a.m - 12:15 pm)

Dan Casey, EdD

Location ~ TBD

This workshop option consists of the same morning class as Workshop 4.

Ethics for Prevention & Others (1:30 pm - 4:45)

Presenter TBD

Location ~ TBD

In this workshop, participants will examine the Prevention Code of Ethics' six key principles and explore the decision-making model for assessing, addressing, and evaluating a range of ethical issues. The course covers the Principles of Ethics through the use of real-world coalition-based examples while building upon the shared experiences of the workshop participants. This workshop is designed specifically for coalition leaders, members, and other prevention professionals however, it will benefit other substance abuse counselors as well. This training will count towards the Certified Prevention Specialist credential or for re-certification. These hours will also be accepted for other IBADCC certifications with the exception of Peer/Recovery Coaches.

Session Focuses*

- Focus 1 Prevention & Coalition
- Focus 2 Recovery Support
- Focus 3 Youth & Family
- Focus 4 Clinical Education & Skills
- Focus 5 Criminal Justice

***You can select mainly one focus for all sessions or mix and match across all focuses. Some sessions are denoted as Ethics or General focus.**

SCHEDULE OF BREAKOUT SESSIONS

Tuesday Breakout Sessions

Breakout Session 1
10:15 am-12:00 pm

Focus 1: Addressing Health Disparities in Substance Misuse Prevention & Understanding Cultural Competency (Part A)

Haner Hernandez, Ph.D., CPS, CADCI, LADC

Location ~ TBD

This training is for SPF-SIG and SAPT Block Grant prevention practitioners to build their capacity to provide culturally competent prevention services and ensure that they are including strategies to reduce health disparities. The training will focus on increasing knowledge of health disparities, skill-building to improve cultural competency, understanding the importance of cultural competency through all steps of the Strategic Prevention Framework (SPF) and identifying key partners for improving cultural competency and increasing a coalition's ability to reduce health disparities.

Focus 2: Providing Effective Supervision for RC/PSS

Amy Jeppesen, LCSW, ACADC

Location ~ TBD

How can you provide effective supervision to Recovery Coaches and Peer Support Specialists? Do you understand the difference in supervising Recovery Coaches and Peer Support Specialists versus clinicians and case managers? Where do these folks fit into your team and how do you encourage the team to have an open mind in working with them? Learn the answer to these questions and how to avoid pitfalls when supervising Recovery Coaches and Peer Support Specialists. Helpful information about important policies to have in place for these services will be shared.

Focus 3: Understanding the Underlying Issues: Adolescent Anxiety & Depression

Jennifer Golick, PhD, LMFT

Location ~ Jordan D

Explore the underlying psychological issues that are present in adolescent substance use disorder. Review anxiety and depression in detail.

Focus 4: Opioid Dependency: The Familiar Road In (Part A)

Ron Weaver, BA, EMI, PMI

Location ~ TBD

This session will look at the chronic pain patient's journey into opioid dependency. How can any normal person find themselves in trouble with opioids?

Focus 5: LSI-R Criminogenic Risk & Need Assessment

Brenda LaMott, BS

Location ~ TBD

This class will provide you with an overview of the theoretical underpinnings and application of the Level of Service Inventory-Revised. We will discuss what the assessment measures and how it can guide case management and inform interventions.

Breakout Session 2
1:15 pm-3:00 pm

Focus 1: Addressing Health Disparities in Substance Misuse Prevention and Understanding Cultural Competency (Part B)

Haner Hernandez Ph.D., CPS, CADCI, LADC

Location ~ TBD

See Part A for description.

Focus 2: We Recover Together

Shawna Forsmann

Location ~ TBD

Addiction is a family disease affecting generation after generation. Every family member is impacted by the one or more who are struggling in active addiction. What happens when even one finds recovery and chooses to embrace it? This session will address the conflicts that arise as we work to break the chains that keep us sick and the solutions that can begin to mend broken families.

Focus 3: Adolescent Substance Abuse: Treatment Implications & Approaches

Jennifer Golick, PhD, LFMT

Location ~ Jordan D

This session will provide an in depth look at the unique aspects of adolescent substance abuse and treatment approaches. It will challenge the current model of treatment and look at how to utilize a pediatric model for more effective treatment.

Focus 4: Opioid Dependency: The Unfamiliar Road Out (Part B)

Ron Weaver, BA, EMI, PMI

Location ~ TBD

Take a new look at opioid dependency and how to successfully treat the root cause for many opioid dependent people.

Ethics Focus: Wellness and Self-Care: An Ethical Imperative (Part A)

Susan Esp, PhD

Location ~ TBD

This workshop is experientially-based with a focus on counselor wellness and the impact on ethical decision making. Counseling can be a stressful profession and the field is changing rapidly. We will discuss changes in the counseling profession and how these changes relate to counselor stress, wellness and ethical decision making. A key component of this ethics training will be the identification and practice of wellness strategies that support and enhance the use of sound judgment when making ethical decisions. Part A will include a brief overview of ethical codes for Licensed Counselors, Social Workers and Certified Alcohol and Drug Counselors. We will also cover changes in the profession and ethical decision making with a focus on the intersection of wellness and our ability to make good decisions. Part B will focus more on wellness strategies and interventions.

Breakout Session 3
3:15 pm-5:00 pm

Focus 1: Behind the Scenes of Current Drug Trends in Idaho: What Law Enforcement & Other First Responders See

Detective Kip Paporello (BPD)

Location ~ TBD

What are some of the causes that have contributed to the explosion of opiate use in Idaho and beyond? Where do the drugs come from? Heroin vs Fentanyl vs Carfentanil, do you know the difference? Why are so many young people addicted to heroin? What is the toll of current drug trends on Idaho communities? Learn more about the answers to these questions from an Idaho detective.

SCHEDULE OF BREAKOUT SESSIONS

Focus 2: Creating Social Supports (Panel)

Facilitated by Shawna Forsmann
Location ~ TBD

Be a part of the social recovery conversation in your community by attending this informative panel Q&A session featuring nationally recognized and grass roots organizations who will speak candidly about serving up social recovery in their communities and how you can too.

Focus 3: Substance Abuse & Family Systems

Jennifer Golick, PhD, LFMT
Location ~ Jordan D

We will review how substance abuse impacts family systems. We will discuss family roles and how those roles perpetuate ongoing dysfunction in families with substance use disorder.

Ethics Focus: Wellness and Self-Care: An Ethical Imperative (Part B)

Susan Esp, PhD
Location ~ TBD

See description for Part A

Focus 5: MAT 101: Treatment of Opioid Use Disorder, with Special Emphasis on Buprenorphine/Naloxone

Magni Hamso, MD, LPH
Location ~ TBD

This course will provide attendees with an overview of the evidence for medication-assisted treatment (MAT) of opioid use disorder (OUD). It will emphasize the urgency of expanding access to MAT in Idaho, in order to help curb the opioid overdose epidemic and prevent the transmission of HIV and hepatitis C. The session will be interactive with part lecture and part small group to discuss cases and create treatment plans.

Wednesday Breakout Sessions

Breakout Session 4
10:15 am-12:00 pm

Focus 1: Drug Impairment Training

Lt. Sam Ketchum (ISP)
Location ~ TBD

Being high can impact the ability to learn among students and the productivity and reliability of employees. With illicit

and prescription drugs commonplace in the academic and employment world, it is imperative to be able to determine if someone has been using drugs. Learn tools that will help you identify and document if someone is under the influence of drugs.

Focus 2: An Overview of ROSC: Building Hope Through Connection & Participation (Part A)

Lonnetta Albright, BS, CPEC
Precia Stuby, LISW-S, BS, CPEC
Location ~ TBD

This two-part interactive workshop will first provide an overview of the Recovery-Oriented Systems of Care (ROSC) framework including its goals, principles and values. Available resources including products, activities and information on experts will also be provided. Coupled with the presentation will be an implementation example from Hancock County, a micropolitan area in Northwest Ohio that adopted a transformational approach to the implementation of recovery-oriented practices, services and a community-wide approach that brings together diverse systems, individuals in recovery and the community at-large.

Focus 3: Client and Family Engagement: Start Early, Engage Continuously

Liza Crook
Ryan Porter, CADC, LPC
Location ~ TBD

Family impacts every part of a young person's life, and a youth's substance use treatment in the juvenile justice context is no exception. Successful family involvement in a youth's treatment program may play a central role in achieving a positive program outcome. This presentation will share the importance of client and family engagement, focusing on available services and guidelines through the Idaho Supreme Court and the Department of Juvenile Corrections.

Focus 4: The Evidenced Based Treatment (Psychosocial & Psychological) of Opiate Addiction

Cardwell C. Nuckols, PhD
Location ~ Jordan D

This skills-building training will discuss the use of psychological approaches (motivational interviewing, cognitive, behavioral and contingency management) helpful in the treatment of those suffering from opiate addiction. Evidence-based psychosocial interventions such as Alcoholics Anonymous and Narcotics Anonymous will be presented from the perspective of cognitive-behavioral, as well as spiritual world view change agents.

Focus 5: Partnering with Providers/ Stakeholders in MAT

Ron Jackson, MSW, LICSW
Location ~ TBD

Our communities are beset with problems associated with opioid use disorder (OUD). Research evidence is clear that medication-assisted treatment (MAT) is by far the most effective treatment for OUD. And yet, MAT is not accessible in many communities. This presentation will briefly discuss the evidence basis of the use of MAT for OUD and then outline steps which could be taken to make it more accessible to those in need in Idaho communities.

Breakout Session 5
1:15 pm-3:00 pm

Focus 1: Addressing Bias: Toward a Reflective, Culturally Sensitive Practice to Enhance Working Alliances

Bryan Austin, Ph.D., LPC, CRC
Location ~ TBD

Practitioners are susceptible to bias and hold biases based on diversity characteristics. Biases, if unrecognized or ineffectively addressed, can negatively affect interpersonal relationships and outcomes. Understanding reasons for our own biases and how to effectively address them is important. Bias research and benefits of using a reflective practice that values cultural sensitivity and addresses biases to enhance working alliances, will be discussed. Participants will also gain strategies to build trust and improve services across cultures.

Focus 2: An Overview of ROSC: Building Hope Through Connection & Participation (Part B)

Lonnetta Albright, BS, CPEC,
Precia Stuby, LISW-S, BS, CPEC
Location ~ TBD

See description for Part A.

Focus 3: In (and Out) of the Closet: LGBTQ+ Youth and Substance Abuse

Breonna Krafft
Location ~ TBD

This session will begin with a brief coverage of current terminology related to the queer community. We will then look at current statistics, and move through specific risk factors associated with LGBTQ+ youth and substance abuse. Following this, we will discuss protective factors, best practices and case studies.

SCHEDULE OF BREAKOUT SESSIONS

Focus 4: ASAM in Recovery & Documentation (Part A)

Theran Adamson, MD

Location ~ TBD

Utilizing the ASAM Criteria improves communication with other providers and insurance companies for reimbursements and progression of recovery. How can it be utilized to benefit the patient?

General Focus: The Treatment of Moral Injury

Cardwell Nuckols, PhD

Location ~ Jordan D

This skills-training event will provide clinicians with a treatment model and rationale for approaching those suffering the guilt and shame of moral injury. For diagnostic purposes, PTSD and moral injury will be compared and contrasted.

Breakout Session 6
3:15 pm-5:00 pm

Focus 1: Opioid Misuse & Abuse Statewide Strategic Plan

Nicole Fitzgerald, MPA

Christine Hahn, MD

Marcia Witte, MD

Location ~ TBD

As the opioid crisis grips the nation, the State of Idaho is implementing a multi sector response to reduce the burden of opioid misuse and overdose in our state. This breakout will provide the scope of the issue in Idaho, outline Idaho's four-pronged approach to the opioid crisis, discuss current implementation strategies, and gather input from participants on future prevention, treatment and recovery initiatives.

Focus 2: The Art & Science of Healing

Cardwell C. Nuckols, PhD

Location ~ Jordan D

Experience the awareness and awakening of your healing SELF in this powerful program for those who are seeking to enhance their healing potential. This skills building training will increase your clinical effectiveness. It has been stated that as much as 75% of recovery from psychiatric (psychological) disorders such as depression is attributable to the various aspects of the relationship between therapist and patient. Evidence-based approaches are important but without the creation of a healing relationship compliance is uncertain and effectiveness marginal, at best. The skills training event will help participants learn to take

advantage of their natural healing potential. The neurobiology behind this potential will be explained in detail.

Focus 3: Bridging the Gap

Colleen Foster, BA, CADC

Location ~ TBD

This session will focus on bridging the gap between program/treatment language with youth and the communication and support for recovery by families and their supports. We will discuss barriers in reintegration and transition to home and community, effective methods in making the transition more successful, and the supports available with technology, community resources, education, and communication. Attendees will share what is working in their settings and the populations they are serving. A demonstration of a program currently being used by IDJC to address better family engagement and understanding of relapse prevention plans of juveniles leaving the department will be presented. The purpose of, and the information for RPP's will be reviewed and we will discuss how supports and families can use RPP's more efficiently to help with a smoother transition and successful recovery back to home or placement in community. Identifying ways to help families know the importance and role they play in transitioning youth back home will also be discussed.

Focus 4: ASAM in Recovery & Documentation (Part B)

Theran Adamson, MD

Location ~ TBD

See description for Part A

Focus 5: Probation is from Mars and Treatment is from Venus

Paul Meglio, BS, MBA

Location ~ TBD

In this session we will discuss the challenge and conflicts of two entities who have the same outcome but different means in dealing with mutual clientele. This course will explain the vernacular, philosophy and intentions of achieving successful results. A cross-disciplinary training of ASAM criteria, GAIN assessments, LSI/YLSI criminogenic risk/need assessment will be provided. Collaboration strategies will be reviewed to equip each individual and entity to build healthy working relationships.

Thursday Breakout Sessions

Breakout Session 7
10:15 am-11:45 am

Focus 1: Applying Three Lessons About Prevention to Explore the Culture of Driving Under the Influence of Cannabis

Jay Otto, BS, MS

Location ~ TBD

With various forms of legalization of cannabis across the country, there is growing concern regarding driving under the influence of cannabis. Jay Otto, M.S., Research Scientist for the Center for Health and Safety Culture at Montana State University, will introduce three lessons from the research that inform effective prevention efforts. He will use these lessons to guide a session about a recent national survey (as well as recent research in Washington state) completed by the Center exploring the values, beliefs, and attitudes about driving under the influence of cannabis. Jay will compare responses between users and non-users of cannabis; those who drive within four hours of using and those who don't (amongst users); and respondents living in Colorado and Washington and those living in states where recreational use is illegal.

Focus 2: Untangling the Recovery Housing Crisis Panel

Moderated by Norma Jaeger, PhD

Location ~ TBD

A panel of housing pioneers will explore current and potential resources for addressing the needs for recovery housing in both urban and rural areas of Idaho.

Focus 3: In Home Family Treatment

Michelle Alden, LPC, MFT

Location ~ TBD

This breakout session will discuss in home family treatment. The workshop is based on the Family First Program of Healthy Foundations. We will cover the reasons why in home treatment is effective, how the program is set up in the home, the parent training, the therapy goals and how we help parents to implement the new parenting skills. The session will also show how to help and why helping the family with healthier interactions creates more trust and safety in the home, which leads to the youth being more safe and productive in the community.

SCHEDULE OF BREAKOUT SESSIONS

Focus 4: Mindfulness Oriented Recovery Enhancement

Scott R. Petersen, LCSW, MAC, CACIII
Location ~ Jordan D

Mindfulness-Oriented Recovery Enhancement (MORE; Garland, 2013) combines complementary aspects of mindfulness training, third wave behavioral therapies, and positive psychology principles into an integrative treatment strategy for substance use disorders. During this workshop, participants will learn the primary elements of MORE and related therapeutic skills to address substance use disorders. The presenter will discuss the theory, science, and techniques behind this innovative treatment approach, which has been tested in clinical trials funded by the National Institutes of Health. Research evidence on the MORE model will also be presented.

Ethics: Ethics Revisions in Technology (Part A)

Kim Keys, LCPC, NCC, CCS
Location ~ TBD

Technology has an ever-increasing impact on how those in health care field take payment, advertise on social media or even simply send emails. In this two-part series we will discuss newly released ethical standards for technology in clinical practice, common dilemmas that occur, and ways to use technology and social media while protecting clients' rights to privacy and confidentiality, guarding against dual relationships, and boundary crossing.

Breakout Session 8
12:00 pm-1:30 pm

Focus 1: Crucial Conversations

Ashleigh Lopez
Location ~ TBD

The Crucial Conversations preview will introduce you to two of the nine Crucial Conversations® principles that help you more effectively hold successful conversations even when emotions are high. Learn how to master your own stories and STATE your path without being offensive and ultimately leading to resolution.

General Focus: Overview of the Positive Culture Framework

Jay Otto, BS, MS
Location ~ TBD

The Positive Culture Framework (PCF) is the Center for Health & Safety Culture's approach to improving health and safety in communities and organizations based on our latest research. The approach seeks to cultivate health and safety by providing detailed steps and addressing leadership, communication, and integration skills to successfully navigate the process. PCF builds on the recognition that the solutions are in the community. Join CHSC Principal Scientist, Jay Otto, in this session to learn more about our Positive Culture Framework and how it works.

Focus 3: Addiction from an Attachment Perspective

Scott R. Petersen, LCSW, MAC, CACIII
Location ~ Jordan D

Early attachment experiences play a crucial role in the development of self-capacities, including self-soothing, self-esteem, affect regulation and interpersonal relatedness. When early-childhood is disrupted by traumatic experiences and insecure attachment, so is the development of these essential functions. Initial use of alcohol and other drugs may represent an attempt to cope with these vulnerabilities. This workshop offers an overview of attachment theory, explores how addiction can develop as a response to disrupted attachment, and examines the potential applications of attachment-informed intervention. Recommendations for using attachment-informed approaches to treatment will be discussed.

Focus 4: Making Sense of Suboxone

Michael Whiting, MD
Location ~ TBD

Counselors increasingly encounter clients already taking buprenorphine. Counselors need to understand enough about the medication to identify when the medication is being used in a manner that might negatively impact recovery. This session will explain the similarities and differences between buprenorphine and other opioids and how the characteristics of buprenorphine affect the overall treatment plan.

Ethics: Ethics Revisions in Technology (Part B)

Kim Keys, LCPC, NCC, CCS
Location ~ TBD

See description for Part A.